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- *The importance of circles*
- *Crop circles*
- *Circles of negative and positive energies*
- *Overcome guilt*

God welcomes you to the circle of the spirit. It is not by accident that you gather in circles, for there is a sense of perfection to circles, a sense that there is not a beginning and an end but a continuation. The circle represents the constancy of now. It represents the constancy of God's presence. It represents the constancy of life.

The present, as you know, contains all that was and is and shall be. It is a single continuum, and that continuum is represented by the circle that you sit in, and it is represented by the term of "circle." You talk about a circle of friends. That's not just an idle term. Far below any conscious awareness, that "circleness" exists in a figurative as well as concrete reality.

Life is a circle. The life experience is a circle. You say, "What goes around comes around." All that evolves is a product of all that is and all that has evolved.

The circle is essential in all cultures. The circle has importance in all belief systems. The circle is a part of the ceremony of countless units of life, so your circle that you find yourself in is in total harmony with this divine circle.

We, your guides, belong to a circle of life, for we have experienced life as you experience it, but we have also experienced life in ways other than human form. Our spiritual journeys do not end where we currently reside, for we are with you, we are inside of you, and we are outside of you. Our continuum of existence involves our engagement with you, and your existence evolves through your engagement with us. So that circle is indeed unbroken.

The question came up about crop circles: what are they, what do they mean? You spoke together this evening about energy lines [ley lines], and those are indeed a kind of energy field, but so also is a circle an energy field. And the energy fields that exist within your perception of the universe exist not only linearly but circular in form. We cannot explain fully in ways that you will understand completely what these circles do or where they come from. We can say that they are generated in part from circles of energy that you cannot see any more than you see radio waves, but these circles of energy are very much a part of the natural energy that is created by God.

These energy circles are related to the exchange of heat. They are related to magnetic forces. They are related to the motion of air. They are related to forces that we are fully aware of and yet are not sensed by human beings.

But what is their impact? Most importantly, their impact is as a manifestation of forces that exist beyond your ability to observe through your own senses. The circles are a reminder that life, indeed all of creation, is circular. But you must also recognize

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that what you observe as crop circles and label as such are not limited to what is seen with the naked eye, and those “circles” are not always circular.

There are many manifestations of energy in life far beyond the wind, the rain, and the seasons of the year, the ocean tides, magnetic and radiation fields. The sources of energy extend far beyond, and when those sources of energy come in contact with earth, there is a consequence, an impact, a sense of effect. You see evidence of such effects, but you don't see the energies that created them.

There are those who believe that these shapes that you observe are created by some creatures, some life-forms from somewhere in space, somewhere in the universe as you know it. But they are not created by beings. They are not created by forms of life that exert intention. They are created by the forces that belong to the entire creative process. They are wholly natural. Their seeming perfection is only because of the perfection of energy as it has been created and as it is expressed. You are then reminded as you observe such phenomena that there is a force in existence, a presence, that is concrete and real but unknown and unseen.

Certainly, there are those who purport to have seen such formations that in fact were human-made, for wherever there is reality, there exists side-by-side artifice. Consider on a more concrete basis your own experiences that you feel are real and authentic and in some way substantive. Much of what you experience can actually be artifice. It can be created to copy, to imitate, to duplicate what is real. That is true of every experience you have in human life. Much that you know of can be artificially produced, artificially created. You speak of the building blocks of life, the genetic makeup of existence as you experience it, and yet gradually steps are taken to artificially replicate what actually occurs in the natural state.

So it is with such extraordinary observations as those circles. What you see is not necessarily what is truly there, and what you imagine to be the cause is actually something far beyond your imagination.

Your life is a circle. Your friendships are circles. Your relationships with others with whom you work, others whom you know are in fact circles. If you bring a personal warmth to a total stranger, that warmth ultimately is set out, is passed on, maybe to you, maybe to someone else on that circle, but nothing that you do is lost. No act of human kindness is lost. No act of antagonism is fully lost.

When you exercise negative energies, those energies go forward. They are overcome ultimately by what is positive, what is good, what is godly, but those negative energies are disseminated, and they have an impact. If you feel negatively toward a group of people, that negative energy impacts you. It comes back to you in some way, and that negative energy, your negative thoughts, have an impact on that other group. When one nation demonizes another nation, that energy is returned in some form. When such demonization takes place, you eventually reap the rewards of that attitude,

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for the actions that you take reflect that attitude. Those actions have an impact, and that impact reflects in negative ways upon your own sense of self.

Human beings engage in activities which ultimately may result in feelings of guilt, for guilt is the return engagement of what was done in opposition to your own sense of what is right. We remind you frequently of the importance of avoiding being consumed by guilt. Why? Because that guilt restricts your capacity to expand in light. You may feel guilt, for all human beings experience guilt, but guilt is to be overcome. Guilt is to be gotten beyond. Guilt is not a final determination of lack of value, lack of worth, or lack of redeeming qualities. By emphasizing your own light, you are then able to diminish the impact of the guilt, the remorse, the regret. Your energies must always be directed toward what it is that affirms and uplifts and supports.

The actions of the government of any nation, either toward its own inhabitants or the citizens of others, must be the same kind of response that you are asked on an individual basis to exercise toward your neighbor, toward your family, toward colleagues, toward total strangers. There is no real difference. But by reaching out with the desire to be understanding and the desire to be accepting, you are inviting those energies that are positive to circulate. That circulation of energy is not merely in a single direction. When you encompass those around you with a loving heart, you're directing that energy in all directions, not just in one.

When light expands, it expands globally. It expands as an unlimited number of circles. It is not a disk. It is not flat. It expands upward and downward, in all directions. That is the natural condition of light, and that is the natural condition of all energy, good and bad. Your energy moves forward and establishes its own circles.

You speak of circles of faith. That is faith that does not merely go out but is shared. A shared faith is not a faith in one direction. It goes out and it returns. When you have a shared concern, it is a concern on many levels. It is not merely limited to one line. It may be directed in very specific ways, and that is okay, but its impact goes far beyond the direction that is your intention.

When you pray for peace between two groups of people, you may think of that as two specifically identified groups, but that energy that you put forth for peace affects in actuality not just the groups you identify; it impacts the entire range of energies that you encounter in life. That prayer for peace is a prayer for real peace, and real peace involves the absence of hatred and the construction of relationships that move forward and continue the circle and widen it. Light bends, and when light bends it forms a grand circle. You observe a rainbow, and that is part of the shape of a circle.

Consider all of your friends, your relationships, those for whom you pray whether in human form or in spirit form, to be an engagement in the grand circle that is God. You know that God is because you are, but you also know that you may consider yourself existing and flourishing because God is. That is a completion of energy. It is energy

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given by God. It is energy received by God. It is energy given by you, and it is energy received by you. That circle is never broken.

We pray for you. We offer you strength. You pray for us. You pray for our strength and our growth. That, too, is a circle of life. All of you share a spot of the circle that is creation. You offer what you offer. You receive what you receive. If you give love, you will receive love. If you offer compassion, you will receive compassion. If you offer peace, you will feel peace. If you pray for peace, that peace is delivered. It is offered, it is received, it is responded to, and that reinforces the giving of more peace.

We offer our peace to you, and the peace you feel brings peace to us. We offer you love, and the love that you experience provides love for us.

You're blessed in your circle. You're blessed as a circle. Be joyful in the totality and completeness of all circles.

Amen.