

August 24, 1979

- *Light as it pertains to prayer and communication with guides*
- *Guides act as lenses*
- *Spheres of spiritual development in the afterlife*
- *Reincarnation*
- *It's easier to receive in a group*
- *Limiting subject matter of messages*

God blesses you all as you turn to God for faith and comfort, strength and healing.

We see you gathered as a group, as an intense light with a strong sense of direction appearing to reach outward with great energy. There are many ways of describing this phenomenon. We call it a light because that is its appearance to us. Other guides will describe this pure or radiant energy in other terms. The words in themselves are but a reflection of the reality of spirits reaching outward, individually and corporately. The concept of light carries with it a meaning beyond that of just a force. It carries with it a sense of illumination and with it, the resulting reflection.

This radiant energy which you lift upward to God receives its reflection from God through us. A mirror can reflect light through lenses in varying density and color. It is the result of your searching outward that God uses us as lenses to help focus the light into a pattern which is perceivable by you. Light, therefore, continues, as a result of this reflection, to emanate in other directions based on your capacity to reflect and transmit.

You do not see us fully, and yet you know we are with you. You feel our presence and sense the strength which comes through us. Our existence is merely a step away from yours. This can be interpreted nearly in a literal sense if it will help you to sense our presence.

Spiritual development is a continuous process, and the major difference between our levels of existence and yours is the degree of our development or awareness. As you are aware of our presence but cannot see, so we are aware of God's presence but cannot see. As you uncover our lenses of perception to receive light from us, we also open ourselves to receive light from God. We have been given a responsibility in our stage of development to find ways of communicating the reality of spiritual truth to you.

As your awareness increases, so also do your responsibilities to disseminate these realities to others. We cannot communicate with you unless you willingly open yourselves to God. It is a choice which you have made, and it is a blessing that God chooses you to receive God's word. And so it is with us. We choose to open ourselves to God's teaching and to serve as your guides. We do not do it unwillingly, for it is a blessing to us as it is to you.

The teachings which you receive come through us but originate from God. You reach upward to us; we reach upward to God. In time, after proper development, the

August 24, 1979

progress of the soul moves to levels of attention or concern which we call spheres. The nature of activity in these upper levels is on a more purely spiritual direction of enlightenment and is less associated with earthly growth. But at the first sphere and the preliminary plane our awareness and concerns relating to the physical life are more intense. It is much like the magnetic attractions which diminish as the distance is increased. In terms of spiritual development, the increasing distance is not a physical one. It is one of consciousness or attention to the radiating power of God.

For us, at times, communication with those in an earthly life is more difficult, just as at times your communication proceeds easily for both of us. You remark about the difficulty of your written message, and you expressed the feeling that it was due to the presence of so much external stimuli. That is in part true, but it is also important to realize that the greater the light which you emit, the stronger the reflection will be. When several are gathered prayerfully, opening themselves to God, the light is stronger than solitary prayer. It is for this reason that you find messages received in a group to be more encompassing than those received alone, for it is easier for us to transmit a powerful reflection than one whose brightness is somewhat less.

There are many concerns and questions voiced and silently posed, and it is best, we feel, for your purposes to devote your attention to one, or in some cases, two concerns. It is easier for you to focus your attention on one object observing its properties than it is a field of objects. As you lift your prayers with a sense of unified effort, you will find that you will gain deeper knowledge of that which concerns you when the concerns are not so varied.

It is also important for you to realize that we are empowered to transmit that which God communicates through us. Your sense of urgency and God's sense of time are frequently different. However, the expression of those concerns or questions is important, and in God's time they will be answered. It is not always right that those of you in an earthly life receive immediate gratification of your earthly desires. That is also true when applied to your search for spiritual truths. There have been times in the past and there will be many times in the future when the subject of these messages will be different from your expectations. That is not because God does not hear your prayers but that in God's infinite wisdom there is more pressing business to attend to through the means of such communion.

There has been much written and spoken about reincarnation, and you are aware that our sole purpose in your lives is to help you to make a decision in the future about the spiritual course of action you wish to pursue. You are also aware that numerous individuals are unaware of spiritual truths, and for them the period of decision is a traumatic one, for they are not necessarily evil, but they do not have the benefit of prior instruction. It is not for us to say what percentage chooses to move forward and what percentage prefers to remain tied to some aspect of earthly life. But for those who do move forward by choice, the development of their souls by necessity occurs in a

August 24, 1979

spiritual sense or life form. For those who choose not to move forward, their spiritual development does not stop but will be enormously delayed, and for most that means involvement in some aspect of physical life.

Do not understand by this that your guides have chosen not to move forward and are therefore tied to your lives. We do not become teachers unless we are committed to the importance of knowledge. Those who do not recognize the value of knowledge are given other responsibilities by God. The purpose of those responsibilities and ours is the further development of the spirit. For those of you who are aware of our teachings, the ultimate choice of moving ahead or remaining stationary and all that that implies is significantly diminished in complexity. What is important is the constant development of the soul, for that is what is eternal. The more steady the development through earthly life and spiritual life, the more joyous and expanding the experience of moving toward God.

Keep foremost in mind the development of your souls through the perception of God's truths and, more importantly, through your reflection of them in life as you go about your daily activities. Rejoice in the immortality of your soul and cherish whatever opportunities come your way for its development and for the development of the souls around you.

We bless you in God's name, assuring you of God's presence, direction, and strength to sustain, guide and comfort.

Amen.