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- *The energy that connects all compared to a trampoline*
- *All that you think, say, and do affects the entire creation*
- *Guides see humans as a unique kind of energy*
- *No evil people*
- *Negative judgments of others affect you, too*

It is God, it has always been God, and it shall always be God. We say you are a part of God, and that is to say it is always you, it always has been you, and it always will be you. We speak of you not as a human identity but as a spiritual reality and presence.

Few human beings have a sense of their lives prior to the life they currently know, and no human beings have a clear vision of the life they have beyond that life they currently know. That lack of clarity about life prior to human life and subsequent to human life has no bearing on the reality of that continuum. Life is light, and that light is always present. Because each of you and all human beings are part of that light, we can say that you are always present.

The limits of human consciousness have no bearing on what is real. That consciousness only serves to explain what is observed, what is experienced, but what are observed and experienced are themselves so limited. Human beings are given a very narrow selection of avenues for interacting with life around them. There is indeed a reality that extends far beyond that awareness.

We wish to speak to you briefly about energy, for we speak so often of the energy of prayers, the energy of thoughts, the energy of relationships, the energy of spirit, the energy of the Spirit Center, the energy that connects each of you to one another and to all others, the energy that connects you to all that exists. The concept of energy in itself is very straight forward. There is a sense of vibration that can be felt as emotion, heat, light, touch, aromas. Those vibrations themselves are limited in terms of your direct observation of them.

Think for a moment that you are standing with others on a trampoline. The slightest movement of one is felt by others. You don't have to say, "I'm going to move my foot" or "I'm going to jump" or "I'm going to sit down" or "I'm going to stand up." Anything that you do is recognized by the others. We have spoken at times of this web of connection, these threads, these strands, these tissues that bind all of you together into a single unit. These strands, this web of connection, can be thought of as similar to the strands of material that belong to the trampoline. Even though you appear to be different, one from another, even though you see yourself as being located on a different part of the trampoline than others, you are all on the same trampoline. You are all on the same tissue of energy that connects each of you to one another.

We speak of physical motion on a trampoline. The energy that is an energy of spirit functions far beyond that physical plane. The energy of spirit is a tissue that

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connects each of you. We speak of thoughts and the power of thoughts, the reality of thoughts, the impact of thoughts. Thoughts are a form of energy. They are a strand of that tissue that comprises the trampoline upon which you ride. No motion on the trampoline is undetected. No motion of spirit goes undetected.

Many religions in the world point toward a judgment in which one's actions are viewed and determined to weigh on the side of good or on the side of evil. There is no judgment. No one is chosen where others are rejected, but there is an indelible connection that you have to the energy strand on which you exist. This is not to say that your actions are good or bad, but that all that you think and do does have an impact. It is part of who you are. The identity that you have is not an identity of self but an identity of the strand on which you live. That strand is what is permanent. You existed as part of that energy, that strand, at a time that is not measured in human terms but exists solely as a spirit energy.

We see each of you but not in terms of your physical characteristics, for those are not important. They are what they are, but you are so much more than your physical identity. We see you as an energy, an energy that has a light to it of which we have often spoken. The energy, the light that is yours, is not green or blue or purple or orange, for those colors that you perceive are created through the pathways of the brain.

You do not see infrared. You do not see much of the light spectrum although it exists. In the same way, you do not truly see the energy that exists as part of your lives. You may see the consequences of that energy. For some it is an exercise of serving, of supporting. For others, it is one of compassion. For still others, it may be an aggressive presence, but those are merely manifestations of something far more significant.

What lies beneath the compassion, the support, the anger, the hope, the fear, and what lies beyond those manifestations is a kind of energy that we describe as your own particular spiritual colors. None of those colors fit into the human description of color or light. We see energy as you see colors. We see you individually as a unique kind of energy. That is what we connect with. There is no sense of race or ethnicity. There is no sense of sexual identity. There is no sense of judging that you succeed or that you fail in a given effort. We see you as a light that includes the capacity to be loving, the capability to accept love. We see you as a kind of vessel that holds within it the potential to truly reflect the Spirit Center that is God. We see your growth as a change in the colors, but your spiritual colors, even through changes, are always identifiable. For that reason, we know your interaction with life because we understand the energy that is part of your own soul.

There are no truly evil human beings. There is, of course, evil behavior, but such behavior is also a part of what it means to grow in spirit, for every human being is on that circle. Every human being is part of what makes up that circle, and without that

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circle of energy that you are a part of, even as a small bit of the totality, the grand circle of Spirit Center would be incomplete.

It is easy for human beings to see the energy of others and to immediately judge such energy as being good or bad. What you are judging is merely a manifestation of the lessons that a spirit is engaged in learning. Just as any human being makes mistakes, it is also true that your connection, your energy, and its relationship to your spirit can confuse the channel of communication between mind, body, and spirit. Human beings are part of God's creation, but they are not the most important strand of that creation. The spirit is.

The human experience belongs to the growth of spirit, but spirit should never be judged on the basis of human observation. It is much like the relationship between a teacher and a student. The teacher may work to inspire the student toward self-discovery, but along that path the student may stumble. That stumbling is not a negative reflection of the teacher. It is merely a manifestation that learning and growth are being undertaken, and that stumbling is just a moment, just a segment of that spiritual circle. It belongs to the circle, but it is in no way to be considered a manifestation of the circle.

When you make mistakes, you understand that human beings are not perfect, and yet so quickly others can judge who you are and what you are because of the mistakes that are observed. Such judgment is in fact baseless. At this time in your lives, living in the communities you live in, experiencing the governments of those communities, it is easy to find fault, to judge another whose ideas are not in concert with your own. Even if you believe such wrong behavior may be threatening to your own sense of justice, of human rights, and the affirmation of dignity, you cannot for a moment relegate another to a position of value that is beneath your own, for such energy that is created in such relegation serves to make the journey of the other *and* your own journey more difficult. The energy that flows is an energy that goes in all directions. When you put forward energies that reflect judgments of others, you cannot seal yourself from that negative energy. You can find that you become consumed by it.

Yes, we suggest so often that you can judge the behavior, but you cannot judge the person. That is true up to a point. When you perceive that behavior as being synonymous with that person, you have eliminated your opportunity to honor the person in spirit because you are consumed by the judgment of the behavior, and you are connecting the behavior to the true representation of the person. There is no reason to believe, however, that any evaluation of behavior is incorrect, but at the same time you must realize that your evaluation is *your* evaluation. It may not be shared by others, and it may not truly acknowledge the other person. You are only observers.

Much as you try to walk in the path with another, you may accompany the journey, but you never become the path. You are your own path, and the path is yours. Your energy illuminates and gives meaning to the path that you are on, but that illumination of energy is yours, is yours only. It is not an illumination that applies

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necessarily to others. Others are on their own paths. The energy that is theirs becomes their own illumination. You must, therefore, embrace the value of another.

Do not confuse what you see on the path of another through your own illumination as being a clear demonstration of the path that another may be following. Your light is for your path. Your light *is* your path, for you are not separated from the path you are on. You exist on your thread of energy. You exist on that strand. You give that strand its own magic. The strand provides you with your own magic.

The color of your strand is intertwined with the colors of all other strands, and the tapestry that results is the Spirit Center. It is the totality of One. It is the trampoline upon which all of you ride. It is the web of energy that gives meaning to the totality of all life. Remove a thread and the tapestry is no longer a complete whole.

Embrace your own connection to that trampoline. Embrace the energy that exists between you and all others. Recognize that all that you think, say, and do impacts in its own way the entirety of God's creation. Your energy is your own energy. It is that strand that we see. It is that uniqueness that we serve, and yet it is in the connecting of all strands together that we serve most profoundly in the direction of Spirit Center the purpose of God.

Accept your place at this great table of sharing. Accept that you are a part of the energy that is God, that is the tapestry. Feel confident of your place at the table. Feel confident in the beauty of your strand of energy and the beauty and sacredness of each thread, and you will find a deep joy in the continuity of what is, what was, and what always shall be.

Amen.