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- *God continues to create*
- *Spirit continues to evolve*
- *The only thing constant is love*
- *Avoid the burden of judgment*
- *Every human is a part of God Is*

It is God's hands that embrace and guide, care for and provide direction for all of creation, for all human beings. Your concepts of God are always going to be limited in their details, but in the most significant sense, these concepts that you hold within contain matters of great truth. In fact, the concepts of non-judgmental caring and compassionate love comprise the central energy from which all emanates. It is the center of what God is.

God is a kind of balance, a sense of certainty that belongs to creation, for the power that is God continues to create. All that God has created was not done in a particular timeframe, for God continues to create. The strength that is God continues to expand. God's energy not only creates something new but creates itself as well.

We say there is no beginning to God, no beginning of the loving energy of creation, and that is in fact true. But we can also say there is no end to that creation, for what God creates new now is new in the sense of its form. It is not new in substance. All that belongs to the creation of God continues to exist.

What is it then that is being created? It is form, the form of energy and the nature of that energy that evolves. It is in a constant state of becoming. It is never fully realized, for in being engaged in becoming, there is change as well as constancy. The change is how that sacredness is transformed. The constancy is the sacredness of all.

Your souls are constant for they are always in existence, but their shape, character, and the ways they are being expressed in human life and in nonhuman life are constantly changing. It is the evolution of these transformations that contains a direction, a path of sorts, and that path is towards a perfection of pure love. Your spirit grows. That's why it is a part of human life. Spirit evolves, and its light is filled with changes.

Your relationships with others are always in a state of becoming. There can be no becoming unless there is change, for becoming cannot take place in a stagnant environment, a stasis where all remains as it is. Your relationships to others, therefore, are always in a state of becoming. Your relationship to yourselves and others is fluid, changing, and evolving. But change is not chaotic although it may seem so. Viewed in its entirety, the movement is inexorably toward a loving unity.

Your relationship to the planet has always been evolving. Even the existence of human beings is a product of that evolution. You concern yourselves at times with worries over the environment and the impact of environmental change on food, health, economics, geography, and on human and international relationships. Human beings will never stop the changes that take place, but they certainly impact those changes.

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The celestial body that you call earth has gone through much greater change than you can imagine, for it was not always a planet. Its energy existed in other parts of reality, but that energy came together and ultimately became a host for many different forms of life. Human life is only very recent, but human life itself is part of that change. Humans were not simply inserted into life on your planet. Your very existence is a product of this constant change.

Human beings are unique in some ways that are significant, but when one considers human life according to a much larger scale, you will see that your existence comes in part from the stars you see in the heavens. Your existence comes in part from energy sources that have yet to be discovered.

Change, therefore, is important and natural, but it can bring untold difficulties and challenges. You sometimes have referred to the belief that the only thing constant is change. We say that the only thing constant is love. Change moves ultimately to love, balance, and peace.

Your relationships to family members and friends are always in flux. Relationships evolve; change takes place. But change requires being open in one's response to being part of that change. Change in relationships involves all participants, and it is through examining one's own participation that one can be open to observing changes in others as well.

The same principle holds true to relationships between nations. It is easy to feel that if only the other—whether that be individuals, society, or nations—would see the light, the life as you might wish it to be could become fully realized. The truth, however, is that when individuals, nations, or societies seek some kind of resolution of difficulties, that wished-for resolution may or may not be what is best. Often, what you seek in relationships is according to your own definitions: “if our government could be like another,” or “if another government or society could be more like ours.” “If other cultures could only behave according to what we perceive to be the best in our culture, then there would be peace. If others could perceive what is right as we perceive what is right, reconciliation would be achieved.” The issues are in part unraveled and balances found as expectations go through their own changes.

We speak to you often of the need to avoid judgment. Why is that important? It is because in judging, one sets one's own standards of what is right. We see over the centuries how the standards of rightness change. Consider for a moment how the issues of justice are played out. If one society's sense of justice is markedly different from another, judgment can ensue. Your sense of justice is not the same as your appraisal of it years ago. Your sense of justice is different from your society's view of what was just hundreds of years earlier. The concept of justice evolves.

How does one judge another when the perception of what is just is changeable? You cannot judge. When you seek resolution to relationships, when you seek resolution to concerns about the future, it is important that you not place a firm burden of an inflexible

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determination on what is right, best, just, or what is clearly wrong. You have experienced times when the opinions that you held so close were changed. They were expanded or moved in different directions, and you began to find a resolution that brought some peace.

We say we love you because you are you, not because of who you are, what you do, what you say, or what your beliefs are. You are simply loved. In loving, there is room for accommodation, for flexible values, for more compassion, for greater willingness to listen. There is room for more willingness to observe. One speaks of thinking out of the box, and that is what we are proposing whenever you feel threatened, judged, unfairly treated, or fearful of the future. Allow yourself to move away from a position that has attached to it inflexible expectations. In that way you grow. You are stretched as you reach for understanding. You are stretched when you reach for some evidence of God's faith in you, in others, and in all that exists, and God's belonging to all of that.

Human lives would have little purpose if there were no opportunity to change, to change on the personal level or to change on the corporate, political, economic, or national levels. Change does not imply giving in or giving up. Change means rather a broader vision, a deeper compassion, a growing sense of patience, a willingness to examine and stand for what you believe, knowing that if those beliefs change, what you stand for will change.

Each of you in your own way prays for balance by whatever name you may wish to call it. It may be justice, health, restoration, or a sense of God's presence. You approach your life with a set of beliefs, and that is okay as long as your vision is broad and you approach everything—every event, every person, regardless of outward appearances—with a conviction that in some way, even if not seen, God IS. You are a part of God IS.

Your understanding of God evolves. It can begin as a child begins to believe in the presence of an almost humanized God, and that belief can evolve so that God is no longer a human-like creature in heaven, looking down on humankind, but that God is a creative and good force, not a force of destruction but a loving force. The power of God is not always recognized yet is always present.

No human life is perfect or ideal. No human life is without its pains and concerns, and yet regardless of that, you have within you a spark of the divine that allows you to be open to observe evidence of God. You are blessed beyond your imagination in your being part of this loving energy that continues to create, that continues to evolve, that continues to strengthen, and that continues to open the vision of the heart.

Embrace those opportunities when you see evidence of that presence, when you feel that peace, even for the briefest moment. Give thanks and recognize that that is a glimpse into the loving, creative energy that is God.

We bless you with our loving, nonjudgmental care, and we share with you in being bathed in God's light.

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Amen.