

March 3, 2020

- *Everyone can be a healer*
- *The journey of life*

It is God, the strength of the universe, the light of all suns, the gatherer and the creator of all energy, the creator of all, that is with each of you at this time. It is God who is always with you, but when you gather as a group, you combine your energies of openness and receptivity. We have spoken in the past about the power of prayer, but there is an enormous energy that belongs to the simple act of being together.

Each of you has expressed, in one form or another, needs that you feel so intensely, but those needs, even though felt individually, are needs that are part of the experience of being engaged in the human form of life. We speak of the mysteries of life, those experiences, those inklings that you cannot easily describe, those experiences and inklings you cannot easily understand or put your arms around. Human life embraces the reality of mystery and the reality of the unknowing.

It is, of course, through your form of life that important learning takes place, but such learning is always accompanied by uncertainty and occasional doubt. Is there indeed a God? Is there a spirit? Is there a real purpose to being alive? Is there anything that connects one person to another? Is life merely the accidental coincidence of conditions, the consequence of which is the human experience? Is there real healing? Is there any sense of what is truly right? If there is a God, is there accountability? What is the nature of justice? Is there only justice in human life, or is there a justice which is served through spirit alone?

There are so many questions that relate to what you experience, to what drives you forward, to what holds you back. Your guides are present to help each of you wade through these many questions. The understandings that you accumulate are never complete. They never fully describe the impact of each human on all else that exists, and yet the process of searching, of asking, of being open to what is not fully comprehended is not in itself the essential manifestation of healing.

You spoke about issues of healing through faith, the reality of channeled healing, the manifestation of guidance as it relates to physical healing. The healing of which we speak can be physical, but in its most profound sense, it is a healing of spirit. It is a healing that brings about a sense of what drives one's faith. It is a healing that says in effect there is purpose, there is reason, there is growth, there is a goal. Life does have meaning. Relationships do count. The reality of healing through belief, healing through touch, healing through the guidance of an unseen knowledge actually points to the reality of the existence of a spiritual energy that is impossible to fully describe.

We speak of the energy that exists between people. That energy is only one kind of such energy. We communicate with you through the energy of spirit. We are spirit, of

March 3, 2020

course, but it is the energy of that spirit that provides a kind of pathway that allows us to communicate and to truly guide.

Some relationships are going to be meaningful and profound. Other relationships will be fraught by appearance and pretense. Regardless of the contrasting nature of relationships, those relationships that are not sincere do not in any way negate the reality of those that are. The fact that there are human beings who are consumed by matters of self does not negate the presence of those who are devoted and working for the benefit of all. In any profession, there are pretenders and practitioners. There are those who seem to be, and there are those who are.

There are many modes of healing that lead to physical benefits. Some of those modes are widely accepted. Others seem enshrouded in mystery. The fact that some practices are filled with mystery does not by definition prove them to be unreal. You cannot go through your lives discounting what you don't understand.

Consider for a moment events in your lives that were not fully understood and led to opinions that were held which later were shown to be incorrect. The more you understood, the greater insight you had, resulting in a change of thought or opinion. What is not understood is not necessarily wrong. Your experience is limited only by your understanding. The fact that we communicate with you at all as your guides is not altered whether humans acknowledge us or not. We are still a part of your life. You exist, you live where you live, you reside where you reside, you are engaged in what you are engaged in whether or not someone else is aware of all that. What fails is the awareness. It is not what is unobserved.

For healing to be effective, whether it is the healing of emotions, the body, or spirit, it can only be achieved through your own openness to that healing. Praying on behalf of another, as you know, is not a supplication that God must be called in to help. It is merely an awareness that there is need for real openness and receptivity. It is an awareness that the shutters may be thrown open and light will come in. There are those who are referred to as "faith healers." God works through many in ways that are appropriate for each.

Each one of you is in fact a healer through faith. For some, you experience healing through your own faith. For others, the healing occurs because of what you do, what you say, what you think. All individuals have within them a capacity to be a healer through spirit. For some, the healing that is created is visible to others. For some, such healing is never clearly seen, but it is still present. The simple act of praying on behalf of another in itself heals. That healing may be physical. That healing may be a kind of balance that is achieved. It may be a sense of peace, a sense of acceptance. It may simply be a feeling of being loved, of being valued. That healing takes on many forms. Because of the multicharacter of healing, you can know that you are a healer.

There are opportunities when you may observe such healing and say, "How is this possible?" Rather than question how or why, be willing to accept. That is not being naïve

March 3, 2020

but being faithful, full of faith. If you can't understand it, if you don't fully comprehend the "how," then open yourself to the reality of what is and accept what is.

Your lives are filled with encounters that drive you to ask, "Why does this happen? If God is present, how can this take place? What is the purpose of such suffering?"

Those questions will never be answered by rational explanations. What matters rather is a commitment to believe fully that no matter what happens, God is. God's energy is present. There is healing—physical, emotional, social, political. There is always healing. Such healing is a process, not merely a product. True healing is growth, an evolution. True healing is movement along a pathway. For all human beings, that pathway, although filled with possible interruptions, is always pointed in the right direction. There is no human being who is not on a pathway of healing.

You are aware of what someone says or decisions someone makes, and it is easy to say, "There is no growth. There is no healing. There is no balance." But you are observing a step, not the whole journey. A journey is not defined by a step; the step is defined by the journey. Your life is defined by the journey you are on; the journey is not defined by the individual steps you take. It is for that reason that forgiveness belongs to the healing process, for in forgiving others, you are not affirming the step, but you are affirming the sacredness of the journey.

Each of you has taken steps that you have regretted, but in no way does that invalidate the journey. In no way does it deny the sacredness that you truly share with all others. You belong to that journey. You are the journey. The step you or another takes is just a step. It is not a measure of who you really are. It is merely an indication that you are on a journey. It is therefore essential that forgiveness of self is an affirmation of your own sacredness, that forgiveness of others is an affirmation of their sacredness. The healing that takes place is through the affirmation of the journey.

Pray for others, but in praying for others, pray that they are open to the journey with the assurance that that path is always pointed in the right direction. Where you are on your path is different from what you observe in others. There are no grounds for regret or guilt. There is no ground for feeling privileged or special, better, or more blessed. There are no grounds for imagining others to be more blessed than you. It is not a God bestowing favors on creation. The spirit of love is received by all equally yet experienced individually. You're blessed as all are blessed. You experience healing as all experience healing. You are a healer in your faith. All are healers in their faith. You have an impact that brings love to another as all share that same gift.

Be open to evidence of the healing you pray for. Be open to evidence of healing you provide, and always be open to a recognition of the validity, appropriateness, and sacredness of all paths. You are not the step; you are the path. Give thanks for your path.

Amen.