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- *Creation: there was no beginning, and there will be no end*
- *Guides experience transitions in spirit life*
- *“Heart” refers to the connections that bind all that exists*
- *The world’s problems are crises of connections*

God and the entire realm of spiritual guidance surrounds each of you and those you love and those whom you have never met nor even know exist. The reality of that love, the reality of that spiritual universe, is permanent. There was truly no beginning, and it will always be.

The world of science talks about the expanding universe and the ultimate collapse of the universe. The world of science talks about the Big Bang and speculates about what was before the Big Bang, and what was before that, and still what was before even that. There is a limit to human understanding about the mystery of creation, the mystery of what existed prior to creation as you know it.

The truth is existence was the reality prior to what you can perceive to be the beginning of creation. There was no beginning. There are no limits beyond which that which has been created ceases to exist. What God is is what God creates, for God is both the creator and the creation. God is the center of what really is a circle. The circle has no beginning or end, but a circle does present a center, and it is that center that is God. There was no beginning; there will be no end.

This kind of reality cannot fully be comprehended by anything that exists. Even we who are on a different plane of awareness than human life have a vision of sorts that is in its way limited. When you ultimately exist in purely spiritual form, you will not suddenly see God standing there in a robe welcoming you all to heaven. You will not see a full vision of All That Is, for we, too, evolve in our spiritual understanding. We, too, have levels of understanding, of insight, levels of experience in what it means to be loving.

That sense of growth, that sense of evolving as spirits, is constant and yet encased in comfort. We experience the opportunity to become more deeply connected but without the burdens, without the weights that are part of the human experience. Our experience is one of great joy, joy because we see ourselves becoming love, joy because we recognize all as being fully united. We, in our form of life, do not have perfect vision, but the vision we do have provides an enormous depth of understanding, and that depth increases constantly.

So your guides, all of us who are with you, are growing in love just as you are growing in love. We experience transitions of the spirit which are of course unlike the transitions you shall experience from human life to spiritual life, but there are still those steps that we take that reveal still greater truths.

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We would like to speak a bit more about the vision of the heart. What do we mean when we refer to the heart? You certainly relate directly to the analogy of love, but that is only a small part of what is referred to by us as the heart. The heart we refer to cannot be weighed, cannot be measured, cannot be touched or seen, cannot be truly evaluated. But the fact that you are unable with your senses to detect the heart has no bearing on its reality.

In human terms, you can think of the heart in part as love, but it goes far deeper than what is expressed by a single word, for there are many kinds of love, and there are many ways of expressing love. Perhaps a more apt description of the heart is simply connection, for if you are connected to another, the love flows freely. If you are connected, you experience compassion, empathy. If you feel connected, you are willing to sacrifice what is yours to benefit others. If you feel connected, prayer becomes a logical expression. It all begins with connection. We speak of finding what is godly in another. You can do that when you feel connection.

You don't find God in a vacuum. You don't find God in a mathematical equation. You don't find God in a chemical reaction. You don't find God in music or art, photography, drama, literature, philosophy. Those activities can, however, help you recognize the God that is there when you first accept the essential connection that binds you all together. It is a connection you must feel. It is not merely acknowledged. It must be felt internally and must become so strong that you actually become what it is that you recognize. It is not sufficient to talk about connection. You must feel it and then become it. And it is in the becoming that you truly see with the heart.

The heart is not an intellectual pursuit. It is not something that you can describe in philosophical terms, but rather it is a feeling. It is a sense of commitment to the connection you have with all. You can see nature through your heart, for you become fully aware of your connection to nature. You see another human being with your heart when you truly become the connection that binds you to another. It is therefore the becoming of connection that we refer to as seeing with the heart.

It is easy to read what we describe and say perhaps, "Yes, yes, that's true," or "Yes, yes, that is important," but those are intellectual reactions that are in themselves only a means toward an end, and that end is becoming the truths you seek. It is becoming the compassion and not just the expression of it. You become compassionate. You become truly the love that is at the core of being loving.

This is the heart we speak of. You can think of it as your physical heart if that is of help, but it doesn't come close to what we really refer to as being the connection, the absolute connection, that binds each of you to one another and to all others and to all that exists. When you interrupt that connection, you temporarily interrupt the heart, the vision.

The crisis you feel exists in the world is a crisis of connection. One country does not reach out to another because it is in the best interest of one entity. That is not

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seeing with the heart. Seeing with the heart is when a nation realizes that in a most profound and meaningful sense, there are no borders, that how you respond to others is how you are responding to yourself. If one nation is truly concerned for what is best for another nation, it can only be justified when one nation realizes what is best for all. There are no borders.

You wonder about ethnic conflict, religious conflict, political, social, and economic conflict. Those each describe borders. Remove the borders, and all shall benefit.

In this current time within which you function as human beings, you cannot destroy the sense of borders. You cannot fully eliminate the difference between “them” and “you” in order to exist only as “we,” but you can work toward that objective. The leader who’s most powerful is the one who is closest aligned to “we” inclusively and not “we versus you.” It is a fundamental difficulty that nations express that they are concerned about whatever is in their best interest, for that merely serves to raise the barrier that separates one side of the border from another. If it is worth doing, it is worth doing when all benefit, and if all do not benefit, then much is lost.

This is a long process in the evolution of human life to move from exclusive to inclusive, moving from the limiting “us” to a collective acceptance of “we,” an affirmation of the connection and the becoming of the connection itself. An actor does not merely recite the lines to a part. A good actor becomes the part. When you see great drama, it is convincing because the actor on stage becomes the character. It is no longer pretending to be the character. It is now evolved into becoming that character.

You cannot, so to speak, pretend to be connected to others. You must become that very connection that you all seek.

When you pray for us, when you pray for all guides, when you pray for those whom you know and love who have joined our life in spirit, you are in effect seeking to connect. You are seeking to be the very embodiment of that connection. You are in a sense the drop in the ocean that is part of the ocean. It is not a drop that exists in a singular fashion. As the drop is part of the ocean, you, in becoming a part of that connection to another, whether physical or spiritual, are exercising the vision of the heart.

We have often urged you to become what it is you pray for. If you pray for peace, then become the peace yourselves. If you pray for understanding, then become that understanding. If you pray for nonjudgment in society, then become fully nonjudgmental.

Seeing with the heart is becoming the heart. The vision then is a natural behavior of that heart. If you become truly loving, the love that you express is a natural outcome of being loving, and it is the reflection of your being the connection that you seek to exist throughout creation.

Do we see you each becoming the connection? We cannot say that you will become the connection, that you will become the vision of the heart in human form, for

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that is something each of us continues to work on. But we communicate with you because we are becoming the connection with you. We are becoming more fully who you are, just as in your way you are becoming more fully who we are. You are working on being the connection, and we are working on being the connection. You work for vision of the heart; we work for vision of the heart. Together, we both become the connection that we truly seek.

You need our engagement, but likewise we need your engagement.

You learn; we both learn.

You grow in love; we grow in love.

You seek peace; we seek peace.

You have seen too much war; we have seen too much war.

You have seen too much hatred; we have seen too much hatred.

The war, the hatred we observe is not between us on our side, but it is what we observe in human life, and it is the source of sadness and a motivation to grow the Light for human life and for spiritual life.

When we join hands with you in a figurative sense, in holding your hand, you are holding ours, and together the connection becomes real. Together we are connected, and together we become that connection.

Seek to hold the hands of those on your path so that each of you can become the connection.

You are blessed in your efforts to see with the heart.

Amen.