

SoulOpeners Index

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Prayer is not words but an opening: April 4, 2013

Prayer is really about openness: August 12, 2014

Prayer is simply your personal acknowledgment of God: June 3, 2008

Prayer is to strengthen: March 11, 2019

Prayer is what you are, not what you do: March 15, 2011

Prayer, faith, and flexibility: May 26, 2003

Prayers are for wholeness: September 21, 2004

Prayers are translated from wants to needs: July 8, 2019

Prayers of gratitude: December 7, 1980

Prayer's impact on and response from those in spirit: October 30, 2014

Praying for and receiving guidance: October 26, 2009

Praying for healing is praying for balance: December 30, 2003

Praying is being vulnerable: March 23, 2000

Relationship between prayer and God's actions: June 20, 1986

Relationship of thoughts and prayers: April 11, 2016; April 25, 2016

Right and wrong way to pray: June 13, 1980

Seek guidance through prayer, meditation: April 11, 1987

Spiritual Light as it relates to prayer: December 26, 1980

The effects of prayer: July 11, 1988

The energy of prayer: June 30, 1988

The importance of action as well as prayer: June 2, 1996

The importance of corporate worship and prayer: September 14, 1979

The light of prayer: November 5, 1989

The power of corporate prayer: May 8, 1981; August 28, 2000

The power of prayer and loving thoughts: November 10, 1994

The power of prayer comes not from words but intention: October 3, 2013

The power of prayer is in listening: December 30, 2003

The power of prayer is in opening the one who prays: July 5, 2018

The power of prayer to open others: August 21, 2001

The presence of guides during prayer: October 20, 1991

The purpose and effects of prayer: August 5, 1987

The purpose of prayer: June 20, 1986

The relationship between thoughts and prayer: June 7, 2005

The relationship of prayer, words, and thoughts: February 8, 2016

The response to prayer is always human: December 15, 1991

The role of compassion in love and prayer: December 21, 1986

The use of imaging prayer: October 4, 1986

Thinking about praying is a prayer: July 10, 2017

Understanding God's response to prayer: October 3, 2019

Value of corporate prayer: April 11, 2016

What prayer does: January 7, 2020

What to expect from prayer: October 4, 1986

Why guides pray: December 13, 2001

With prayer, what matters is intention: August 5, 2013

Wordless prayer: October 30, 1995

Work to bring about that for which you pray: April 24, 1995

Prayer For Others

How to pray for others: March 23, 2000

Intercessory prayer: September 14, 1979; February 1998

Offering selfless prayer: October 4, 1986

Pray for all forms of creation, known and unknown: June 19, 2013

Prayer connects people through the spirit: July 21, 2015

Prayers for another are prayers for openness to the presence of God: May 19, 2008

Prayers for the dead benefit all: August 2, 1995

Praying for another: June 21, 1995

Praying for departed souls: July 24, 1996

Praying for enemies: June 29, 2015

Praying for one who does harm: October 2, 2017

Praying for others: December 12, 1982

Praying for pets: December 9, 2010

Praying for the dead: January 14, 2010

Praying for those who have passed on: August 28, 1981

Surrounding others in prayer: May 22, 1981

The power of prayer for self versus for others: August 19, 2003

When dispirited, pray for others: September 28, 1979

When you pray for those who have joined us, those prayers are really prayers of gratitude: February 11, 2013

Prayer for Peace/World Issues

Pray for peace: December 21, 1986

Praying for peace: August 20, 2002

Praying for world leaders: September 3, 2013

Predestination

Nothing is predestined: November 12, 1983

Nothing is preordained: August 20, 2018

Predestination: July 1, 1987; February 9, 2004; October 9, 2006

Quantum

Quantum energy: November 26, 2012

Questioning

Seeking, exploring, questioning encouraged: November 16, 2009

Randomness

Randomness versus predetermination: December 22, 1992

There is no chaos nor randomness: June 10, 2013

Reaching Out to Others

Elevate others: February 29, 1980

Living to serve others: September 21, 1980

Responding to one in need: March 11, 2004

Reincarnation

All souls receive guidance, but those who have lived multiple lives may have an increased awareness due to more experience: November 17, 2011

Birth is not a beginning but a continuation: May 23, 2013

Déjà vu: past life recall?: September 21, 1980

Life after death and reincarnation: January 14, 2019

Multiple lives—human and nonhuman: May 23, 2013

Past life experiences: October 14, 2013

Previous lifetimes: September 12, 2019

Purpose of reincarnation: February 25, 2019

Reincarnation as other knowing life-forms: November 19, 2019

Reincarnation compared to appearances of a rock: August 12, 2014

Reincarnation does not occur immediately: July 22, 2008

Reincarnation is for continued growth: July 16, 2018

Reincarnation may involve both a new body and a new spirit: October 26, 2009

Reincarnation may not be immediate: August 26, 2004

Reincarnation offers additional opportunities for soul development: December 12, 1981

Reincarnation: August 24, 1979; January 11, 1980; August 3, 1994; June 12, 1995; July 20, 1995; July 1, 1998; July 1, 1999; August 18, 1999; January 29, 2009

Reincarnation: considering time does not exist, and the possibility of different life-forms: November 17, 2011

Spiritual entities who have not experienced human life, and those who have experienced more than one: April 30, 1998

Spiritual growth supersedes past-life knowledge: October 24, 1982

The place of past lives: February 6, 2014

The role of karma and reincarnation in spiritual growth: June 17, 2003

The value of past life carry-over: July 23, 2019

To reincarnate or not: December 11, 2014

When a life is cut short: September 3, 2015

Why humans don't remember past lives: October 5, 2009

Relationships

Achieving international understanding: June 2, 1996

Addressing disagreements in relationships: January 28, 2013

Analogy of partially charged battery in relationships: January 7, 1998

Assisting a friend in need: December 11, 2007

Avoiding relationships stunts personal growth: January 28, 2013

Be a catalyst for beneficial change in relationships: February 9, 1999

Caring relationships: March 15, 1985

Choosing between enabling and protecting another in need: April 17, 1996

Dealing with adversity and difficult relationships: August 5, 1991

Dealing with family patterns: October 30, 1996

Dealing with relationships through thoughts, prayers, and actions: January 21, 1984

Dynamic relationship between God and humans: April 25, 1982

Eternal relationships with guides and family members: December 11, 2003

Evil in relationships: January 12, 1990

Exercise spiritual presence in relationships: February 9, 1999

Guides and their relationship to the human soul: April 15, 1985

Handling disagreements: January 21, 1984

How to resist the destructive behavior of others: November 29, 2018

Human life is about relationships: June 6, 2017

Human relationship with guides and God: June 12, 1981

Human relationships offer unique opportunities: January 26, 1994

Humans have a special relationship to God but are not most important: October 10, 1981

Influencing others consciously and unconsciously: April 6, 1983

Knowledge is necessary in difficult relationships: July 10, 1996

Looking into another's eyes: July 8, 2019

Loving relationships originate prior to human life: December 11, 2003

Marriage relationships: April 18, 1980

Our relationship to animals and all that has been created: August 19, 2003

Relationship between body and soul: July 2, 2002

Relationship between God and humans: October 25, 2011

Relationship between prayer and God's actions: June 20, 1986

Relationship between the physical and spiritual self: June 2, 1996

Relationship of guides, humans, and spirit: November 20, 2006

Relationship to God: September 15, 2008

Relationship with guides: March 11, 2004

Relationships are exchanges of energy: April 23, 2009

Relationships are permanent and defining: November 22, 1993

Relationships are source of spiritual development: February 12, 1982

Remove ego from relationships: November 30, 2017

Right relationships: October 4, 1995

Spiritual growth through relationships: February 19, 2007

Spiritual relationships: January 6, 2009

The effect of relationships on light: September 22, 1991

The importance of relationships: December 11, 1997

The interrelationship of service, vulnerability, peace, love, and equality: October 4, 2010

The relationship and interaction of body, mind, soul, spirit, and guides: August 18, 1999

The relationship between thoughts and prayer: June 7, 2005

The relationship of all souls, incarnate and discarnate: September 9, 1985

The relationship of anger, fear and hate: March 24, 2003

The relationship of body and soul: July 2, 2001

The relationship of God, spirit guides, humans, and All That Is: March 7, 2013

The relationship of peace and love as process and product: August 17, 2005

The relationship of the material to the spiritual, the temporary to the permanent: September 21, 2004

The relationship of the physical and the spiritual: November 6, 2002

The relationship to God: December 18, 1983

The relationship triangle: March 20, 1992

The soul/human relationship: January 9, 2006

Tolerance and non-judgment in personal relationships: September 22, 1985

True trust requires acceptance of imperfection: January 29, 2018

When embracing another, you are an expression of God: August 25, 2016

Your gift to others is who you are: December 20, 2011

Religion

A church seeks spiritual leadership: September 7, 2017

All religious beliefs require hope: December 22, 2014

All religious practices are valid: May 28, 2002

Biblical scripture and other inspired writings: July 23, 1992

Commonalities and differences in religions: January 5, 1996

Conflicting passages in the Bible: October 5, 1979

Differences of religions are manifestations of different needs of souls: June 1, 1986

Hell does not exist: July 14, 1998

Interpretations of God, Jesus, and others who are worshipped: December 28, 1998

No faith system has the only answer: March 2, 1999

No one religion is more correct than another: September 5, 1982

One religious belief is not better than another: October 6, 2015

Proselytizing: June 21, 2001

Religion is not crucial for everyone but connectedness is: October 27, 2015

Religion should be about asking questions rather than providing answers: August 28, 2014

Religions and commandments: April 29, 1985

Religions are equally valid: September 17, 1997

Religions compared to rivers flowing towards sea of God: September 14, 1979

Religious beliefs are a kind of magic: December 13, 2012

Study religious stories for true meaning, not for specifics: April 22, 2013

The gap in relationships: May 24, 2018

The purpose religions serve: December 19, 1995

The relevance of scriptures: March 14, 2006

The role of the Bible and other sacred texts: August 12, 2008

The true meaning of Easter: April 4, 2013

Truth in Gnostic thought: November 15, 1980

What it means to be "saved": April 24, 198; June 22, 2004

Winter religious celebrations are based on light: December 15, 2005

Rituals

Circumcision and other symbols of faith: June 21, 2007

Reconciling church doctrine (adult baptism) and spirit: June 2, 1980

The wedding ceremony: August 30, 1993

Sacred

All beings are sacred: June 30, 2016

Nothing is more sacred than anything else: August 25, 2016

Science

Scientific breakthroughs: November 30, 2006

Notions of time, space, and unity as regards the human world, spirit, and God: February 12, 2019

Self-Knowledge

Accept inadequacies of self and others: January 7, 1998

Accept who you are: May 5, 1984

Applying what you know is challenging: November 30, 1994

Asking questions of denial or discovery: October 4, 2012

Asking “why me” results in self-pity: August 18, 1991

Be appropriately unimportant: September 13, 1993

Be honest in your evaluation of who you really are, where you are on your personal journey, and where you would like to be: May 29, 1994

Be the change you seek: May 14, 2011

Being alone has advantages: June 25, 1982

Being mindful of life’s lessons: July 13, 1999

Both words and actions reflect one’s current journey: January 23, 2012

Difference between knowledge and belief: July 15, 2010

Disagreements between individuals are conflicts within the self: March 23, 1999

Discover who you are and why you are: April 9, 2009

How to find what you seek: January 17, 2011

Internalize acquired knowledge: August 18, 1991

Lose your sense of self-importance: July 16, 1987

Meeting the needs of self and others: June 16, 1998

Peace and the abolition of self-interest: August 20, 2002

Provide rest for body and soul: July 10, 1997

Self-awareness and service to others: February 12, 1997

Spiritual nurture for self and others : June 16, 1998

The difference between who you are and what you are: April 18, 2011

Transcending the importance of self: May 29, 1995

Value yourself: May 9, 1993

Who and what you are: April 21, 2015

You are what you do and not what you say: July 7, 2011

You are what you seek: June 25, 2012

Service

Do not serve out of obligation but out of love: September 12, 2019

Giving and receiving help: November 1, 1993

God's gift of love given through service: April 19, 2004

Know yourself so you can serve others: January 24, 2002

Life is about serving, about giving: April 12, 2012

Life is for serving others: May 9, 1993

Life's priorities: moving toward God and serving others: October 23, 1983

Living to serve: November 12, 1983

Love is expressed through service: July 8, 2014

Responding to need of others and self: April 1, 1985

Self-awareness and service to others: February 12, 1997

Serve others with love, not duty, obligation, or guilt: January 26, 2006

Service is listening: July 8, 2019

Service to self and others: October 3, 2019

Serving another is serving God: February 13, 1981

Serving another is serving God: May 15, 1982

Serving another is serving God: May 27, 1988

Serving the lowest is serving God: May 29, 1983

Spiritual growth through suffering and service: June 17, 1987

The interrelationship of service, vulnerability, peace, love, and equality: October 4, 2010

The soul needs to serve: August 28, 1981

Sharing

Spiritual Beliefs with Others Authentic sharing: April 30, 2012

On sharing spiritual beliefs with others: July 7, 1979

Responding to those who don't believe in spiritual guidance: December 11, 2007

Share your beliefs with respect for another's: October 26, 2009

Sharing one's needs in a trustworthy group: October 23, 1983

Sharing your spiritual journey as with an upturned palm: February 11, 2008

The importance of sharing personal concerns: October 25, 2012

The potential of group sharing: June 20, 1983

Soul/Spirit

A souls' memory encompasses more than this lifetime: April 5, 1995

All souls are a single entity: May 28, 2002

All souls are drawn to God: July 14, 1998

All souls are "saved": July 1, 1999

All souls learn from similar life experiences: July 23, 2014

All souls receive guidance, but those who have lived multiple lives may have an increased awareness due to more experience: November 17, 2011

All souls were together previously: May 2, 2005

All spirits know each other: April 14, 2014

Animals do not have souls but can be present in the afterlife: September 29, 2016

Appreciating uniqueness of each soul; Soul is the dominant force in personality: April 18, 1980

Attached spirits: February 16, 2009

Awareness of spiritual entities: December 1, 2005

Being aware of one's soul: February 8, 1987

Comparing the unity of all souls to islands in the sea: August 26, 2004

Connection of body and soul is immediate: February 23, 2015

Difference between soul and spirit: May 19, 2008

Differences of religions are manifestations of different needs of souls: June 1, 1986

Each soul has its own color: April 19, 2000

Equality of souls: April 21, 1984

Eternal nature of spirit: August 26, 2004

Every soul achieves unity with all other souls: May 25, 2005

Expanding the concept of Spirit as connecting filaments: October 27, 2015

Experiences that confirm spiritual life: October 3, 1996

Faith as a function of the soul: April 10, 1981

Freeing stuck spirits: January 8, 2008

God and spirit perceive only positive energy: December 11, 2008

God communicated with souls from the beginning: April 30, 1983

Guides and their relationship to the human soul: April 15, 1985

God sustains all souls: July 29, 1999

Have tolerance for all souls and all beliefs: March 29, 1987

How guides recognize other souls: May 8, 1981

How the human experience affects the soul and how the soul affects the human experience: March 28, 2002

How to enhance the lives of those in spirit: October 30, 2014

How to help the soul progress: May 22, 1981

Human choice influences the soul's development: December 12, 1981

Human response to spiritual awareness: October 4, 1995

Human souls do not exist in animals: September 8, 2003

Human spirits, nonphysical spirits, and God: December 11, 2008

Human struggle offers opportunity for soul growth: August 13, 2009

Humans' and spirits' parallel lives: August 13, 2009

Individual souls are part of THE Spirit: September 25, 2010

Interdependence among souls: June 30, 2008

Life is essential for all souls: September 13, 1985

Location of the soul: March 23, 1999

More than one human lifetime may be necessary: May 25, 2005

Natural tendency of spirit is to reach out, expand: June 4, 2009

Nature, spirit, and the unity of all creation: June 3, 2003

Negative forces in spirit world: September 5, 1982

No separation in the realm of Spirit: June 29, 2015

"Old souls" or "young souls" are not about age but maturity: October 17, 2019

Our souls cycle to oneness with God: October 24, 1982

Positive and negative feelings have an effect on all souls: December 21, 1986

Provide rest for body and soul: July 10, 1997

Pray for your soul: October 26, 2009

Reconciling with departed souls: April 4, 2000

Refinement of the soul: November 21, 1986

Reincarnation may involve both a new body and a new spirit: October 26, 2009

Reincarnation offers additional opportunities for soul development: December 12, 1981

Relationship between body and soul: July 2, 2002

Relationship of guides, humans, and spirit: November 20, 2006

Resistance to accepting spirit guide messages: September 5, 1982

Soul compared to a beacon of light: March 29, 2004

Soul compared to a candle: August 28, 1981

Soul compared to a river: September 13, 1985

Soul compared to a window that transmits God's light: August 18, 1999

Soul flight: August 9, 1993

Soul growth: January 11, 1980

Soul growth in the here and hereafter: May 30, 2006

Soul growth linked to choice: September 21, 1980

Soul growth through affirmation, your own or others': June 6, 2019

Soul is the window to God's light: August 25, 2016

Souls are not limited in location: August 31, 1995

Souls as candles: February 28, 1994

Souls choose the path for growth in human form: October 10, 1992

Souls do not move backward: March 19, 1983

Souls grow in the presence of light: February 28, 2012

Souls grow through faith: September 28, 1979

Souls have different personalities: December 12, 1981

Souls influence each other through love: April 30, 1983

Souls of the dead are aware of the living: November 17, 2011

Spirit continues to evolve: March 25, 2019

Spirit energy compared to candles and mirrors: April 11, 2016

Spirit grows through decisions humans make: December 19, 2016

Spirit has a shield around it and is fully protected: May 23, 2013

Spirit is both here and there: February 12, 2019

Spirit is the rudder of life: November 16, 2017

Spirits experience joy: July 8, 2014

Spiritual energy is nonlocal: July 21, 2015

Spiritual joy: April 15, 1988

Spiritual totality compared to cells of the human body: June 19, 2019

Suicide's effect on the soul: October 20, 1991

Support souls of the departed: November 5, 1989

The closeness of the spiritual and physical worlds: August 5, 2013

The community of souls, incarnate and discarnate: February 15, 2002

The difference between soul and spirit: January 16, 2003

The divine spark within: December 15, 1989

The effect of grief on the departed soul: January 6, 2015

The energy of spirit: May 13, 2019

The evolution of the soul: October 24, 1982

The importance and way of strengthening the soul: January 9, 1987

The importance of light and love in the life of spirit: October 24, 2005

The interdependence of body and soul: January 29, 2001

The light and color of the soul: June 21, 1995

The mutually beneficial relationship of body and soul: January 27, 2015

The nature and evolution of souls: March 28, 2002

The nature of souls: December 12, 1981

The nature of the soul prior to human life: October 24, 1982

The nature of the soul: August 18, 1999; October 7, 2002

The needs of one's soul govern the nature of one's life: October 23, 1983

The number of lives lived is unimportant: September 8, 2003

The presence of known souls after death: December 11, 2014

The protagonist for each life is the soul: July 21, 2015

The relationship and interaction of body, mind, soul, spirit, and guides: August 18, 1999

The relationship of all souls, incarnate and discarnate: September 9, 1985

The relationship of body and soul: July 2, 2001

The relationship of the physical and the spiritual: November 6, 2002

The role of all souls, including Jesus, within the concentric circles of life and love: April 8, 2004

The soul has no shape, no boundary: April 14, 2014

The soul needs to serve: August 28, 1981

The soul/body assignment is lifelong: April 30, 2007

The soul/human relationship: January 9, 2006

The soul's identity: June 30, 2008

There is no space, therefore all souls are united: November 17, 2011

Unity of all souls and God compared to drops of water in the ocean: October 26, 1980

Unity of all souls as spokes on a wheel: May 4, 2004

Unity of all souls: February 9, 2004

When soul connects with body: September 8, 2003

Why souls share the experience of human life: December 9, 2013

Why the soul attaches to human life: November 29, 2007

Why there are individual souls: March 7, 2005

Young and old souls: April 30, 1983

Your physical being accompanies your spirit on its journey: February 13, 2012

Your soul's identity: October 26, 2009

Spiritual Development

A spiritual triangle: September 28, 1979

Accepting others' paths: May 29, 1982

All humans are related spiritually and genetically: June 29, 2000

All humans are spirit in physical form, seeking and progressing: January 28, 2013

All paths in spiritual development are needed: November 18, 2013

Awareness of differences in the human spirit provides understanding of spiritual development: December 23, 1991

Balance between spiritual and material life: April 25, 1982

Be vulnerable rather than defensive: November 29, 2007

Bend with change to grow spiritually: May 13, 1994

Blind obedience does not result in spiritual growth: April 25, 1982

Doubting is a sign of strength: April 9, 2007

Finding balance results in growth of the spirit: April 19, 2004

Fully embracing your own spirituality: March 29, 2004

Grow in your breadth and depth of understanding: September 27, 2005

Growth of the soul: January 15, 2001

Growth through choice: June 29, 2000

Growth through faith and failure: August 16, 1995

Healing on the spiritual, emotional, and physical levels: June 17, 1987

Helping the soul grow during human life: April 25, 2016

Human choice influences the soul's development: December 12, 1981

Human interactions are crucial for soul growth: April 17, 1996

Human life is for spiritual growth: January 23, 2012

Importance of slow progress: May 22, 1981

Life is a process of spiritual broadening: February 13, 2012

Life is for soul growth: May 13, 1986

Life is spiritual rather than physical: May 28, 2002

Love is the nutrient for spiritual growth: December 21, 1986

Movement viewed spiritually: May 8, 1981

Personal and spiritual growth requires change: September 3, 2015

Personal growth depends on growth of others: November 10, 1994

Progress compared to passengers in a vehicle: September 2, 1979

Questioning is encouraged: September 23, 2014

Rain as metaphor for spiritual nourishment: June 3, 2003

Randomness in the spiritual life: November 21, 1986

Reincarnation offers additional opportunities for soul development: December 12, 1981

Relationships are source of spiritual development: February 12, 1982

Seek your center: May 18, 2004

Separation can lead to growth: June 25, 1982

Societies evolve at a different pace than individuals: April 1, 2014

Soul growth is guaranteed: February 28, 1994

Souls do not move backward: March 19, 1983

Spiritual beings with a different purpose: November 1, 1992

Spiritual communion compared to a radio: October 5, 1979

Spiritual connectedness compared to the sea: May 26, 2003

Spiritual development requires change: July 23, 1992

Spiritual entities connect all people: September 21, 2015

Spiritual evolution is about losing differences: September 21, 2004

Spiritual evolution: April 30, 1983

Spiritual exchange compared to multiple candles: April 18, 2011

Spiritual growth defined: March 29, 1987

Spiritual growth is observable: July 16, 1987

Spiritual growth requires change: June 25, 1982

Spiritual growth supersedes past-life knowledge: October 24, 1982

Spiritual growth through relationships: February 19, 2007

Spiritual growth through suffering and service: June 17, 1987

Spiritual growth within spiritual unity: August 5, 1997

Spiritual identity within unity: December 11, 2003

Spiritual journeys vary in style, not substance: July 14, 1998

Spiritual particles: February 2, 2000

Spiritual vision is essential: October 2, 2000

Suffering is essential for spiritual growth: July 1, 1987

Spirit progression: July 22, 2008

Spiritual journeys compared to trips by car versus plane: November 15, 1980

The equality of rungs on the horizontal spiritual ladder: April 30, 1998

The evolution of the soul: October 24, 1982

The role of karma and reincarnation in spiritual growth: June 17, 2003

The role of patience and compassion in spiritual development: September 17, 1997

The soul's development and connection to God: January 9, 1987

The soul's evolution of insight is ongoing: July 8, 2014

Suffering

Afflictions and suffering: July 7, 1979

Coronavirus pandemic: March 24, 2020

Dealing with suffering and pain: June 16, 1984

Fear drives much suffering: June 6, 2019

Finding peace/balance in times of suffering: January 28, 2010

God allows suffering: May 25, 1980

God and guides see only what leads to spiritual growth but nevertheless are aware of human suffering: October 6, 2015

God does not suffer: March 20, 1982

Illness and suffering: January 19, 2004

Jesus' suffering: January 9, 1981

Role of suffering: November 10, 2008

Shared suffering, compassion, grace: August 26, 2004

Spiritual growth through suffering and service: June 17, 1987

Suffering: July 13, 2005

Suffering: its randomness and opportunity: November 7, 1986

Suffering and a proper response to it: September 9, 2004

Suffering does not atone for sins: March 20, 1982

Suffering is essential for spiritual growth: July 1, 1987

Suffering is neither predetermined nor created by God: July 1, 1999

Suffering is not punishment for sin: November 7, 1986

Suffering, vulnerability, and faith: November 5, 2019

Supporting those who are sick or dying: December 21, 2015

The place of suffering and long hospitalizations: July 24, 1996

The role of suffering: September 22, 1985

Tragedy and suffering (The devastating tsunami of December 26, 2004): January 17, 2005

Understanding human-caused suffering: November 13, 2015

Viewing suffering as a blessing: May 16, 1980

Why suffer?: September 23, 2014

Why there is suffering: August 5, 1987

"Suffering of spirit" defined: June 1, 2015

Why suffering?: June 6, 2019

Thoughts

A thought is energy that is never lost: October 17, 2019
All that you think, say, and do affects the entire creation: February 3, 2020
Negative judgments of others affect you, too: February 3, 2020
Positive and negative thoughts and actions: April 22, 2013
Positive thoughts have a direct benefit: March 7, 2016
The power and influence of thoughts: April 4, 2013
Thoughts have energy: January 21, 2020
Your thoughts impact others: April 2, 2017

Time

Acknowledging God's presence in the past, and trusting God's presence for the future: April 17, 2001
All events are essential: October 24, 1982
All is now, all is one: April 2, 2017
Guides don't relate to time, only movement or progress: January 9, 1981
Guides' perception of time: December 14, 1979
How to anticipate the future: August 30, 1993
Living and loving in a timeless sense: September 4, 1996
Make time to just be: August 30, 1992
Nature of time and light: May 30, 2006
Notions of time, space, and unity as regards the human world, spirit, and God: February 12, 2019
Past, present and future are all now: January 22, 2008; December 9, 2010
Past, present, and future time: April 5, 1995
Reincarnation: considering time does not exist, and the possibility of different life-forms: November 17, 2011
Relinquish sense of urgency: October 30, 1996
Soul growth in the here and hereafter: May 30, 2006
Space, distance, and infinity: September 3, 1998
Take time each day to commune with God: September 18, 1981
The concept of time: April 19, 2004
The importance of the present and its assurance about the future: June 12, 1995
The issue of time: October 5, 2009

The spiritual plane is a limitless present: March 7, 2017

There is no time, only presence: May 28, 2002

There is no time, space, or distance: September 25, 2010

There is no time: July 3, 1993

There is only now: September 3, 2013

Time as it relates to past, present, future: March 7, 2017

Time does not exist on the spiritual plane: February 28, 1993

Time does not exist: November 19, 2019

Time is meaningless: January 30, 1995

Unity without time or space: August 28, 2000

Tolerance

The spokes on God's wheel: September 3, 2015

Tragedy

Finding blessings in the midst of tragedy: September 24, 2001

God's presence during difficult times: August 20, 2015

Reflections on the tenth anniversary of 9/11: September 8, 2011

Response to disasters: February 2, 1986

Tragedy and suffering (The devastating tsunami of December 26, 2004): January 17, 2005

Why God allows tragedies: September 19, 1992

Transformation

Enhance transformation by honoring the divinity in yourself and others: September 29, 2008

The importance of transformation: March 30, 2006

Transform imbalance to balance: July 13, 2005

Transformation: May 11, 2009

Transforming evil: June 22, 2005

Transition

A slow transition to the afterlife: September 13, 2012
Approaching transition: June 20, 1985
Growing to and through transition: August 19, 1985
Guides experience transitions in spirit life: June 30, 2014
Period of transition varies in length: July 3, 1993
Souls unwilling to let go of human life: July 3, 1993
The transition of a loved one: July 20, 1995
Transition (death) is a graduation: January 23, 2012
Transition from human to spirit life and levels of spiritual development: October 8, 2007
Transition from life to afterlife: February 26, 1984
Transition of a group member: September 9, 1985
Transitioning through the field of love: March 7, 2005
Transitions: May 29, 1995; February 21, 2005
Transitions in life and death: July 10, 2017

Truth

Spiritual approaches to truth: May 30, 1979
The ultimate truth: God is: July 16, 2018
The ultimate "Why?" questions: July 16, 2018
The value of collective commitment to discover Truth: January 6, 2014

Unity/Oneness

Absolute unity of life: May 8, 1981
Acknowledge equality: November 10, 2005
All are equally blessed: March 24, 2003
All are part of the same body: October 23, 1983
All of creation is equal: May 22, 1981
All that exists is a single entity: March 31, 2015
All that exists is God: November 19, 2019

All That Is is a single entity: October 5, 2009

All That Is is God: September 29, 2008

All that you do impacts everything: June 19, 2013

All that you think, say, and do affects the entire creation: February 3, 2020

All-embracing energy connects everything: January 21, 2020

Being one with God: March 28, 1980

Celebrate diversity rather than focusing on differences: March 18, 1996

Comparing the unity of all souls to islands in the sea: August 26, 2004

Eliminate pride that ignores unity: September 13, 1994

Equality of blessings: April 29, 1985

Equality of souls: April 21, 1984

Every human is a part of God Is: March 25, 2019

Every soul achieves unity with all other souls: May 25, 2005

Everything is connected: November 21, 1986

Everything that Is is united: September 25, 2010

God is a kind of connective tissue that unites everything: January 14, 2013

In seeking peace, seek unity: August 5, 1997

Nature, spirit, and the unity of all creation: June 3, 2003

Negative judgments of others affect you, too: February 3, 2020

No separation between you, your guides, and God: November 5, 2019

Notions of time, space, and unity as regards the human world, spirit, and God: February 12, 2019

Oneness: January 7, 1985

Overlook cosmetic differences in the unity of all creation: February 16, 1994

Peace, unity, and awareness of God: February 12, 1997

Spiritual growth within spiritual unity: August 5, 1997

Spiritual identity within unity: December 11, 2003

Spiritual unity: September 24, 2001

The common bond of all that is: November 29, 2018

The energy that connects all compared to a trampoline: February 3, 2020

The equality of everything: March 30, 2006

The unity and continuity of creation: September 13, 1993

The unity and interdependence of all that exists: September 3, 1998

The unity of all souls: March 18, 1996

The unity of all that exists and all that is sought: January 17, 2011

The unity of all that is: July 26, 1991

The unity of All That Is: March 31, 2011; October 3, 2013

The unity of everything: August 31, 1995

The unity of God with All That Is: October 25, 2011

The universe is a single entity: October 10, 1981

There is no need for ego when you understand your place in the circle of All That Is: June 19, 2013

Understand the unity of all creation: November 20, 1991

Unity compared to molecules in the ocean: June 19, 2013

Unity of all as water in a bowl: May 18, 2004

Unity of all life: April 21, 1984

Unity of all souls and God compared to drops of water in the ocean: October 26, 1980

Unity of all souls as spokes on a wheel: May 4, 2004

Unity of all souls: February 9, 2004

Unity of all: August 9, 1993; October 28, 2010

Unity without time or space: August 28, 2000

Universe is a single entity: September 21, 2004

Universe

Other universes, both physical and spiritual: August 20, 2019

The universe is a living entity that is part of a greater one: December 13, 2102

Violence

Interpreting predictions of impending doom: November 10, 1994

No justification for killing: November 30, 2017

No place for violence, even in self-defense: May 13, 1986

The future of the world depends on tolerance: June 1, 1986

Thoughts on the mass murder in Las Vegas: October 2, 2017

Understanding and loving the hand that strikes: September 11, 2001

Violence and fear: July 13, 2005

Violence comes from fear: July 21, 2015

War is never defensive: September 8, 2003

Vulnerability

Be vulnerable and reliant on God: October 9, 1997

Being vulnerable and receptive is a strength: November 30, 1994

Building and tearing down walls: June 22, 2009

Express your vulnerability: June 16, 1998

People and nations must become vulnerable: January 5, 2012

Praying is being vulnerable: March 23, 2000

Tear down walls of mistrust, suspicion, fear: November 12, 2007

The importance of being vulnerable: June 7, 2010

The importance of vulnerability and humility: February 25, 2019

The interrelationship of service, vulnerability, peace, love, and equality: October 4, 2010

The year 2012: January 29, 2009

Tribulation (reference to Mayan calendar year 2012) provides necessary correction: April 30, 2007

Vulnerability and separateness: November 18, 2003

Vulnerability is a sign of openness: February 29, 2000

Vulnerability is a state of great strength: February 12, 2015

Vulnerability is central to growth: December 11, 2014

Vulnerability requires personal strength: January 29, 2018

When lost, become vulnerable and accept help: July 22, 2008

World Events

Candidates for election: October 4, 2012

Dealing with 9/11: September 11, 2001

Haiti earthquake response: January 28, 2010

How to hear God and discern God's will re the national political scene and world stage (The Democratic Convention commenced this day): July 26, 2004

Nuclear attack to end war: July 21, 2015

On the bombing of the Federal Building in Oklahoma City: April 24, 1995

Reflections on the tenth anniversary of 9/11: September 8, 2011

Response to evil (e.g. the shooting of President Reagan): April 10, 1981

Results of presidential election (Obama/McCain): November 10, 2008

Struggles of the United States: October 14, 2013

The failed rescue of hostages in Iran: May 16, 1980

The nature of God (Two weeks after Hurricane Katrina): September 12, 2005

The rhythm of God's creation (Hurricane Katrina): August 29, 2005

The upcoming election (Obama/McCain): October 30, 2008

The upcoming election (Obama/McCain): September 15, 2008

The world's problems are crises of connections: June 30, 2014

Tragedy and suffering (The devastating tsunami of December 26, 2004): January 17, 2005

Understanding and loving the hand that strikes: September 11, 2001

War and peace, in reference to concerns about U.S. threats to invade Iraq: February 10, 2003

War: March 3, 2003

World turmoil: August 31, 1995