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- *The light of God*

It is the spirit of God with which you are embraced. It is the spirit of God that is the light that you seek. There is no life without the light and the spirit. It is that light, that presence, that truly nourishes and sustains.

We would like to speak with you on the subject of light. Frequently, we refer to light, the light of Spirit, and we say that you are bathed, embraced, and guided by the light. For human beings, the first image that comes to mind when we speak of light is visible light. That light immediately becomes a symbol for something else. For others, that symbol itself suffices.

Think back to works of art you have seen and appreciated which incorporate within them something of the presence of Spirit, whether that presence consists of angels, God, Jesus, Mary, or other realities that are central to religious doctrine. The subject of that sacred presence in the paintings and drawings is so often depicted surrounded by light.

There are passages in scriptures that refer directly to the light which comes down from heaven and is a pathway for faith, strength, healing, peace, or reconciliation. For countless years, that godly light, as we refer to it, has been depicted as a visual beam coming from heaven or coming from the head of someone present. For many, the light that is love is therefore a kind of light that is seen. This depiction of spiritual presence in such terms is fully understandable, for the term "light" is understood only as you experience light. We wish to explore in a bit more depth something of the nature of the light to which we so often refer.

In physics, light is understood to be energized particles whose speed has been discreetly measured. The light that we speak of is not unlike light as understood by physicists, for those particles they describe are particles of energy, and to the degree that they are thought of as energy, there is a similarity to God's light.

The light we speak of from God is indeed an energy. Your spirits, your souls, are a form of energy. Your physical being is a manifestation of energy. Your thoughts are energy. We have referred to the fact that God is, has been, and will be. There is no beginning and there is no end. What changes is the form of energy that belongs to God's creation. You, individually, as humans are a form of energy. Light is a form of energy. The gasses that surround the planet are forms of energy.

The energy that exists from God takes on characteristics that are far beyond the perception of the five senses belonging to human life. You know there are animals that are more sensitive to different kinds of energy than you are. All that exists, everything, is a form of energy.

The spiritual light that we refer to is no different. It is energy, an energy that changes what it touches. It transforms what it reaches. It becomes in some ways what it reaches, not unlike the body's production of vitamin D through contact with sunlight. That

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is a transformation of energy. It is a transformation of the light that you see and a transformation of the light that you don't see. Understanding these many forms of energy, it should not be difficult to expand your awareness of the reality of true spiritual light.

When you pray for the light of God, you are opening yourself to a light whose components are invisible and yet absolutely real. Within you there is a light of the spirit, and that light responds in its own way to the light that is God's light. You may try to describe that spiritual light by saying it is love, and it is of course, but it radiates much more broadly than merely being loving. This love that is God's light is an energy that penetrates and transforms all things. It is this spirit light that is the true source of all matter. It is the true source of all anti-matter, as understood by scientists. It is the source of everything.

We say there is no beginning and there is no end. There is a constancy, the constancy of change. It is a change of form, but what is it that is changing? It is the expression of God's light. It is the manifestation of this spirit light. The manifestation may have a beginning and an end, but the source of all remains unchanged. That light is constant. You may say that love is constant or that compassion is constant. In creating new forms, there may be a beginning and an end, but that creating force is constant.

The light that is the spirit light we speak of as God's light is the source of all that is. It is the source of all that evolves through change, and because that source has no real beginning, we can say that this progression of transformation has no beginning and end. The specifics of the expression of that energy may begin and end, but not the energy, not the sense of continuity.

Each of you exists because of known elements in your universe. We can assure you that you also exist because of unknown elements in your universe. We can further say that your existence is a consequence of other universes. No other universes have been identified, but that does not change their existence and their function. The forms of energy in those other universes behave differently than the energies in your universe. Your universe is one spot in a line of infinite proportions.

The genesis for all of that is this light that is God. For such a light to be the foundation for all subsequent forms of energy, you cannot ignore the close connection that you have with everything that is. You are all in the light. You are all part of that grand energy that is God and that is described as being love. You all matter because you all share the same source.

It may feel at times intimidating to think of yourself as an infinitely small particle in an infinite number of universes. Being present in the light, however, does not mean accepting insignificance. Rather, it requires the acceptance of great significance. If you are a part of such magnificent energy, then you truly do matter. All that exists matters.

The light is not just a light that comes from heaven, bathing you in a unique brilliance. The light is all-encompassing. When you think of a beam of light, you identify the existence of that light, but that beam has an edge, implying there is something within

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that light and therefore something that is outside that light. There is where the analogy of God's light being a beam that comes down from heaven loses the main point, for God's light does not exclude. God's light is everywhere. God's light is a part of this grand totality.

Maybe a painting will exist in the future depicting God's light, and it will be an enormous empty canvas that is blindingly bright, so much so that it is not only illuminated but also illuminating. It becomes the source and not just the recipient.

So it is with this energy that we refer to as God's light. It illuminates, but all that is illuminated by that presence has its own luminescence which spreads the light. All is therefore interconnected. It is the ocean comprised of a drop which is connected to another drop and another.

When you pray for God's light to shine upon another, that prayer is symbolic of what you are really praying for. You are wanting the spirit inside an individual to become connected in an intense and beneficial way to the light that is already present. If you seek love, you will find it, for it is all around you. If you don't seek love, the love is still all around you. When you pray for balance, you are praying the shutters are open, the light is in, and you are warmed by the light. In that warmth, you can embrace those who also seek that warmth, that light.

You are as much a giver of light as a receiver of light. Pray for that connection, pray for that sense that you belong to all that is, far beyond just belonging to all that is known. There is a big difference.

Human understanding will continue to expand, and that is right. But that expansion of understanding brings into focus only the smallest fragments of what is God's light, God's creation, only a fragment of the transformation, only a fragment of the energy form that has its own cycle. God is, light is and, all that is belongs to that light. All that is absorbs and disseminates light in forms of energy beyond what human beings can dream of.

You are in the light; you are the light. Welcome the light of which you are a part. Bring it into your own essence and feel its true dimension, a love that is beyond the many human concepts of love. Feel the dimensions of an energy that is beyond human understanding. You cannot make God's light, God's energy, the source of all, shine upon you. But you can welcome that into your very being, and that welcoming will shape your life beyond your understanding and help you to become a greater presence in that light of Spirit.

You are blessed in that light, you are blessed by that light, you are blessed through that light, and you are blessed by being the light you seek.

Amen.