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- *Notions of time, space, and unity as regards the human world, spirit, and God*
- *Spirit is both here and there*
- *Death does not separate you from those you love*
- *God compared to light and love*
- *You are God because you are a part of God*

God, who is the Creator of all, who is the center of all that exists, fills you with peace and an openness of heart that you may continue your journey of progressing toward the objective of becoming pure love.

We spoke as we often have about the oneness of creation. It is important to consider this singularity on numerous levels. We speak often of the unity of all human beings. We also speak of the unity of human beings and all that you encounter in the world around you.

There is another sense of singularity that we often refer to, that being the singularity of our spiritual awareness and your spiritual seeking. There is no significant barrier separating us from each of you. The senses that belong to human life are not capable of fully perceiving our life energy, but the fact that you cannot see us does not imply that we are not present.

It is difficult for everyone to fully comprehend the reality that there is no time, that space, distance, and separateness of point A and point B, life-form A and life-form B, does not really exist. All of us, your guides, surround you, but we are also within you. We are part of every cell in your body. We exist at the most fundamental block that is the foundation for your human lives. We're not above you or to the side of you. We're not in front of you or behind you, nor are we beneath you. We are at all times everywhere. There is no true separation that exists.

You can perhaps understand more clearly this unity that exists between your guides and you, understanding that it applies to the unity that belongs to all that exists, if we provide an example of thought. When you think of another human being, the issue of distance is not part of the thought. You can think of a friend, a family member, or a perfect stranger. You can think of events that you identify in human terms as being in the past. Regardless of the location in time or space, your thoughts traverse that construct, so time does not exist. That space does not exist. When you contemplate an event in the past, the very act of thinking of that event is an act in the present. When you think of an individual, it makes no difference whether that person is next to you or across a great geographical distance. The thought is nevertheless immediate. It is present. There is no distance or time. All is really in the now, and that's what you experience.

It is this same kind of relationship of time and space that describes our relationship to you. It is this relationship which describes your relationship to spirit, your

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relationship to the Spirit Center, God, by whatever name you wish to identify that energy. There is no distance; there is no time.

We shared a reality in our previous message about a spirit being with us but also being present in human form. That was not just a theoretical statement of perceived reality. It is a truth that is undeniable. Since there is no distance, no past and present, your spirit exists in human form, but your spirit also exists with us. We recognize your spirit, not because of a vision of something far distant. Since we are an integral part of who each of you is, you are not separated from us. You have a spiritual entity which by definition is part of the human condition and simultaneously exists in this realm of spirit.

When you experience the loss of someone due to death, the location of the spirit has not changed, rather its manifestation has been altered. The spirit is no longer considered part of the body, for the body is so temporary. The spirit continues. The place of spirit has not been shifted. The spirit interacts with each of you. The spirit of one who has passed on interacted with you and continues to interact with you without the trappings of a physical presence, but there is no change. Spirit is spirit. The presence of spirit is the presence of spirit, and since we are not separated from you in anyway, the spirit that occupies the human body is also occupying our plane of energy. There is no break.

You often wonder about the spirits of those you have loved, family members and friends. Those spirits have not left. They are with you. It is part of the human experience for many to connect the spirit and the body intellectually. The spirit is identified in some ways with the physical manifestation of its presence. So when the physical manifestation is no longer there, there is a sense among many that the spirit has moved on. The spirit remains. The energy of that spirit is transformed, and it becomes more conscious of the presence of other spiritual beings because it is no longer limited by physical attributes.

You all know that there will come a moment when your spiritual energies are transformed. They will no longer be specifically connected to a physical presence. That transformation does take place. We are not saying that the spirit remains unchanged when it is no longer associated with a physical presence. The spirit does evolve. It does change. It does grow. Your souls, your spirits, your spiritual energy will become even stronger. The vision of the heart will take on new meaning, and you will see more clearly with the heart, the spirit, what love is and how it can be given and received. Each of you will be more aware of the spirits that are everywhere and constant.

You hear comments to the effect that the body is temporary, that the spirit is permanent, that what you take with you on the next journey is only love. But there is so much more to be said about this transformation of spirit. We have shared earlier that the spirit, the soul, is a form of energy. We speak to you not through the use of human vocabulary, but you can apply human vocabulary to understand more of the presence of spirit.

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As you know, the creative force that you may refer to as God is not specifically a force that can be identified with human characteristics. God is love, but that love is an energy. It is not a thought. It is not an action. It's a presence. You don't think of light as being angry or generous or vindictive or punitive. Light is light. Light has energy. That energy gives life. That energy is a positive energy. The reality of God is much like light.

A plant that is covered at all times does not benefit from the energy of light. Most plants need that energy. Most plants convert that energy for their own benefit and for the benefit of other life-forms. You are nourished and grow as you allow yourselves to be surrounded by the energy of God.

Darkness is not judgmental. Darkness simply is. It exists, and there are elements to that darkness. There are characteristics of that darkness, but it is not a punitive consciousness. There is no benefit for human beings to remain in the shadow of spirit presence, but it is your opportunity to allow the light, to allow the loving energy, to allow that Presence to permeate your lives. In so doing, your lives take on more meaning. The plant grows leaves and may produce buds and gorgeous flowers. There is much that is gained by being open to that light, and that light is there. It is not just around you.

It is as we are, part of the very essence of who you are. Just as you are not separated from your guides, we say you are not separated from God. But that's not because God chooses not to be separated from you. It is simply a fact that you are fully surrounded and fully bathed in that light which is God. The energy which is God is within every individual. It is within all that has been created. Because of it being all-present, it is impossible to separate yourselves.

Human life is a life of revelation. In its most significant act, human life is an opening, not a closing. It is not a defensive move of separation. Human life is an embrace. You can embrace yourself, your neighbor, and all of humanity. You can embrace all life on earth. You can embrace the energy that is the known universe and the concept that there are infinite different universes.

By embracing the reality of all that is, even when that reality is far beyond your comprehension, you are connected to this central energy of love. You are connecting through a vision of the heart, and by acknowledging that connectedness, there is no reason for rejection. You cannot reject what it is you are, and you actually are everything. You are a human being, but you also flourish because of the earth. Much of what comprises the earth and all that is on the earth exists in the stars that you see at night. There is a unity to all that must be acknowledged.

The question was asked about the reality of unity by way of DNA characteristics. The DNA that you know of is but one bit of evidence of this unity that you all share. There are other layers of singularity far more basic and far more unifying than your understandings of DNA.

You are indeed the result of a source of primordial energy. You are a manifestation of that primordial presence. All life on earth, in fact all that exists begins

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with a spiritual singularity, and that singularity had no beginning. That singularity always has existed and is a Presence of creative energy, God as you may identify it.

That singularity is known by many names, and among many beliefs it is not even uttered as a name, because identifying that singularity is in fact a way of limiting its existence. When you identify anything with a name, you are in a sense saying that there is something that exists that is outside of that identity, and it's the identity which singles out that entity from all else.

With the spiritual energy that you call God being the center point of all, you cannot define it. You cannot draw a line around it and say, "This is God," because then you imply that something is not God. We often urge you to accept the reality that you are a part of God. Each of you is God. You belong to that reality, that creative, loving force, and therefore whether or not one acknowledges that reality, the reality itself does not change.

You, we, are all part of the same reality. We're all part of that same creation. We all share a common presence. We may be different in some ways, but we are essentially all one. You are with us; we are with you. Your spirit, while connected to your physical bodies, remains with us simultaneously. There is no separation. You are not separated from your guides. You are not separated from God. You are not separated from the creative energy that unifies all of you.

Be vigilant in your lives that you seek ways of affirming the unity of which we speak. Be willing to accept superficial differences that affirm fundamental threads that bring all of you together. You are what we are. You are a part of God Is. That is the only way of describing this spiritual creative force that is so beneficial, that is loving in the sense of support, of being unified, of being valuable.

Be at peace knowing that you are each where you should be in your development. You are on your paths. You are the branches of a great tree. You belong to that tree. Your branch is no different from another, and you all share in the characteristics of the trunk, of the roots, of the ground that provides the nourishment.

Grow in that sense of oneness. Grow in the peace that comes from being the same, the peace that comes from knowing you are God because you are a part of God.

Amen.