

July 26, 1991

- *The unity of all that is*
- *Being carried by the stream of life*

God is with each of you and illuminates your souls with God's light and loving presence.

You are indeed one; you are not a collection of individuals. More importantly, you are not an assembly of humans considered separate from all else that has been created. Each human has a soul, but that fact does not separate you from all that has been created. You have been created through the loving hand of God as has all else of which you are aware. Your acknowledgment of this can serve to strengthen your sense of connectedness with all that exists.

To the extent that you live your life in harmony with creation, you are enhancing and giving meaning to what God has made. To the extent that you treat others with love, patience, respect and compassion, you are enhancing and giving meaning to human life. But when you set yourself apart, either from nature or humankind, setting up walls, defining yourself in terms of what you are and they aren't, you hinder the loving power that belongs to creativity and creation and creatures. You then stand in opposition to the creative force of God.

You are part of a stream, and it is God's hope for you to travel along the surface of that stream being buoyed by its energy, carried along to ultimate fulfillment. When you live in opposition to the flow of God in creation, you are no longer buoyed by God's presence, and you falter and suffer in conflict to what God has created. If you are to allow your soul to evolve as it is meant to do, you must capture the flow of God's light and energy, being willing to let yourself go and be carried by it. This is not meant as an exercise in symbolism, but it's intended to encourage you to be open as much as possible to the movement of God's love throughout the world, be it between you and nature or between you and others. This flow is a natural energy, and it is for you to find it and to stay with it as long as possible.

Each one of you has experienced moments when you feel in sync with the flow of God's energy. Those experiences may be fleeting or long-lasting, but they serve to remind you that God's light, the uplifting of God's energy, is present. Part of our job or responsibility in being your guides is to help you become aware of that flow more frequently and to give you the courage to let go and be a part of it.

Life does not have to be a struggle all the time. There are, of course, those times when you naturally feel up against forces with which you must do battle, so to speak, but your souls derive the strength for such necessary resistance. During the journey as it flows on this stream of God's energy, the further the flow, the greater the depth and the strength, so that you are prepared to meet challenges as they come along.

You are united. All of you are a part of a single entity, and you feel that unity when you are moving together in the same direction. Rejoice in your awareness of those moments, and seek out ways in your dealings with others which reflect a unity of purpose and a unity of existence. You are the wind and the rain and all that is in the ground and in the sky. You are

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all a part of that—that which has been created by God. Feeling united is in itself a blessing and a source of additional strength and enrichment for your souls.

Seek out more opportunities for unity. Seek out more evidence to provide you with a sense of continuity in life, for that will help you accept the ultimate continuity of your own lives. When you recognize the continuity of life about you, it is easy to accept the continuity of your soul. When you see the continuity of the tangible, you are more able to believe the continuity of the intangible and thus sense the reality of life as a river.

We are not different from you. Our experience is merely an extension of your own. Thus are we truly united.

God illuminates all of creation and surrounds you with warmth, energy, and faith. God's love is for you and for all that exists. We bless each of you with God's presence and eternal love.

Amen.