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- *The protagonist for each life is the soul*
- *Spiritual energy is nonlocal*
- *Prayer connects people through the spirit*
- *Anger is directed toward preservation or destruction*
- *Violence comes from fear*
- *Nuclear attack to end war*

God who is the Author of Life is with each of you. For you and for all human beings, there is a story. You are given life to allow the story to play itself out as it needs to be fulfilled.

Life is a process. It is not an end product, and it certainly can never be seen as a beginning. Your lives are chapters in the stories. These chapters have an arc to them. They lead toward an objective, and they proceed from an objective. You experience your story in your own particular way, but the protagonist for each story is the spiritual energy that we have spoken of. The protagonist is the light of God as embodied in your spirit center. Each person has a different protagonist, and for each protagonist there are different needs, different strengths, and different characters.

But the final chapter of all human life is a common union with the center of creation that is Love. How that story plays out differs for everyone, but each story finds its resolution with God. There is no story that ends in failure. There is no story that ends in dissolution. The final chapters to these stories are always filled with reconciliation, humility, and love.

The protagonist for each story is the spirit center, and that spirit center consists of the soul, as you refer to it, but the soul has no boundaries—that you know. The soul is neither limited to being found within an individual or beyond an individual. Your soul is indeed everywhere. That presence is constant.

If your soul is everywhere, then it cannot be removed from one location to exist in another location. The soul is associated or attached to your human existence, but that is an attachment of identity, not location. Because your soul has no boundaries, the principle of location has no meaning.

The capabilities of the soul are analogous to the properties of thought, as was mentioned in your gathering. Your thoughts can take you anywhere in your life's experiences. Your thoughts can take you anywhere including what you have never experienced. Your thoughts can take you not only to locations but to conditions, to experiences, to understandings, but that does not mean that in such wanderings in thought you somehow leave your physical place.

It is that way with the spirit, with your individual spirit center, your soul. It is the nature of spirit to be everywhere, and one could say to be nowhere. Nowhere does not mean it doesn't exist, but rather that its existence is not dependent upon a place, the

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“where.” There is no place for the soul. There is only attachment of the soul. Your souls contain, as we mentioned, many forms of energy, the ultimate goal being the exercise of loving presence.

These various energy forms are every bit a part of your spirit center, just as your thoughts are every bit a part of who you are. Two individuals have different thoughts. Two individuals will be drawn into their thoughts to different locations, different moods, different experiences, different perceptions. Each of you, therefore, has a set of energy patterns. Each of you has a unique combination of strengths, energy strengths. Those are part of who you are. Those strengths have no physical location.

It was referenced tonight about documented experiences of individuals who've demonstrated an awareness of their surroundings that could not be explained in concrete physical terms. That experience is indeed a shifting of consciousness, just as you shift your thoughts, but it is not a result of a change in the spirit's location. When you are inhabited by your spirit, you are inhabited by the intention of spirit to become an extension of who you are. It is a dedication to this attachment to *who* you are that is the guiding force of your spirit center. It is never an attachment to *where* you are.

The spirit does not make a decision that because of the kind of human life it is attached to, it feels it must abandon that life-form. That does not happen. The human life is blessed by the presence of many spirits, many forms of energy, that support and uphold and comfort, caress. You have your spirit center, your core, your energy, but you are also accompanied by the souls of many, and you grow through that collective presence.

Sometimes the chief guidance for a particular individual may be transferred from one spirit to another, but the individual is not losing the first. It is that presence that is now supplemented by another. The result is a strengthening of spirit presence, of spirit center.

The energies that you have with you at all times can be identified by us. We recognize each entity of energy. Those energy forms are not human, and they are also slightly altered from our own energy forms. Their presence in no way implies a weakness or insufficiency of your primary spirit center but merely a presence that expands, providing more energy as needed.

You are loved because of who you are as a spiritual presence, for you as a human being belong to a form of spirit energy. You are not the center. You are not the soul, as you call it, but you are a part of that entity that is the spirit. We say the spirit has no boundaries. The fact that spirit exists at the spiritual level does not mean that human beings cannot penetrate those outer walls of the spirit. The spirit that is within is powerfully enmeshed in all forms of energy that collectively are identified as you.

We often remind you that when you pray for others, you are connecting with others through the spirit. That prayer is a form of energy that has no physical attributes and cannot be measured concretely, and yet it does exist. It does benefit others. Human

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life is really a life of integration, integration into a life energy that is at its core pure Love. The many strands of energy that belong to the spirit serve to strengthen and reflect that love.

You speak often of concerns about violence in your society and of course violence elsewhere, but the immediate concerns are often rather local. Violence is not condoned by God. It is not encouraged by God. It is not fostered through the spirit, and yet violence in whatever form is the by-product, for some, of what it means to be human.

Violence does come from fear. We have expressed on numerous occasions that anger is based on fear. It is merely the outward expression of the fear within. Violence is one sort of expression of anger. Human life is characteristically accompanied by anger, but you must remember that sometimes that anger grows out of a commitment to survive, no matter what obstacles are put in its way. If it were not for that kind of expression of anger, you would not be alive today in your current human forms. So there is anger which is directed toward preservation, and there is anger that is directed toward destruction. Each form of anger must be experienced either as an observer or as a participant.

Human life characteristically finds it difficult to make a distinction between preservation and destruction, for how many times do you attempt to preserve something only to destroy it? Those lines are not clear at all times. When you encounter destructive anger, it may help to see that form of anger as an expression of confusion, mixing up what is preserving and misinterpreting the destructive consequences.

Most individuals who have been engaged in acts of destruction are acting out of the foundation of fear, fear that something will be lost. That is a kind of preservation, is it not? Acts of uncontrolled destruction do not come from the wellspring that instructs one to simply destroy. It comes from a fountain that says something will be lost or something is being lost, and therefore action is necessary to prevent that loss, for surrounding that loss is the fear of what that loss means to an individual. It is out of that fear that there is a kind of action of preservation that will be seen by others as being destructive.

You need only think back a brief time to the massive destruction brought upon by your own country as a vehicle for ending a war. For those who suffered from nuclear attack, there was no sense of this coming out of the goodness of preservation. It was seen and experienced as willful acts of hatred, inhumanity, but to many in your country it was considered the most effective way to end the carnage of war. There was so much hatred in your nation for all that you labeled as the enemy. Consider now that relationship with those nations. There is unprecedented partnership.

Destruction/self-preservation—two sides of the proverbial same coin. That conflict, the expression of it, the witnessing of it is part of the human experience. It is not condoned by God, for it is not reflective of love, but all human beings are in the process through their lives of learning what love is. And that's why we say your life is a process.

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When you see disturbed individuals, disturbed societies and nations, acting in ways that are clearly destructive, remind yourself of what within your own lifetime was considered a wise move, a humane move, that would end the suffering of war.

You are guided in your human experience, in your human process, by the spirit. You are guided by these many forms of energy that extend beyond the limits of human identity. God is a part of every corner of your existence. You cannot expect to fully understand God's presence, but you're asked to affirm the reality of that presence and to continue to live your lives committed to the process that ultimately carries you through your stories to the final chapter of total Love.

You are blessed in the stories that you are engaged in. You are blessed in the process. You are blessed in your thoughts. You are blessed in your intentions. And you are blessed for an eternity.

Amen.