

April 17, 2006

- *Substitute faith for fear*

God weaves a tapestry of love and life through your individual and collective lives. You are a part of that pattern that is God's creation. It is through your sensitivity to your spirit center that the pattern of life and love that you occupy is given color and character. The product of this weaving, this pattern-making, is the totality of God's creation. Each of you has a position in that pattern, and each of you is important for the recognition of unity and love which is the total view created by these patterns to which you belong.

There was much discussion this evening related to your interaction with others in very unexpected ways. They were unexpected by you, but they were totally within the rhythm of life that is crafted by God. You as individuals cannot predict when and how such interactions will be encountered, and you cannot predict your own reactions to these seemingly surprising encounters. But as is true with every encounter, you each have the capability to be open to responding through the urging, the nudging, the gut reaction that is part of your guides' care and protection.

The encounters that were discussed both involve fear. The fear may have been experienced by you at the moment of the encounter or afterward. Fear may have been experienced by the other, either at the moment or after. It is God's intention, as you acknowledge, that you should be rid of your fears, that you should structure your lives, your relationships in such a way that there is no room, no place in your lives for fear. That is of course a goal, for every human being experiences fear. Indeed, you are each alive because some who came before responded to fear in a way that allowed life to continue. The tensions and trials associated with human life all have some connection to fear, whether that be an anxiety related to safety or a fear that is more personally felt and expressed as a defensiveness. Fear is central to your human experience.

For us, your guides, all of whom have experienced human life, it is a new view of being alive to proceed with no reason to fear. There is no fear in the spiritual realm. There is only love...love for oneself, love for all that surrounds us. That love takes many forms. The guidance of which you are aware is only one form. We learn, we grow, we evolve, we transform through love, only love. That is the ultimate calling for all in God's creation. But how you get to that state will differ for every entity, every element, every identifiable and unidentifiable creation of God.

You do not know the fear that is in the eye of another. You do not know the fear that is in the action of another. You do not know the fear that is in the heart of another. You can only respond to what your senses transmit to you. Those senses are vastly inadequate and incomplete. All human beings feel, internalize, shelter, hide from view some elements of life that they wish not to be shared. You cannot therefore fully know your neighbor; likewise, you cannot fully know yourself.

April 17, 2006

Part of our place in your lives is to provide a perspective from which you gain greater knowledge of yourself. You are no different from anyone else, but if you come to understand yourself, you are more able to be tolerant of another whom you will never fully know. It is easy to love one whose values, whose perspectives you find in common, one whose objectives are similar to yours. But it is far different, as was observed, to find grounds for love in someone who may wish to do harm or who may appear to be threatening or who may be alien to your own way of life. In those situations, fear always resides. If you break down the fear, then you can reach out, you can be loving, but if you are in some way motivated from a position of fear, you cannot be fully loving, for fear has with it a focus that is very personal, for it is a focus of self.

Yes, you can be fearful for another, but you are fearful for another because you can place yourself in that same path and feel that fear. You are never fearful for another if you have no interest or care. You are only fearful because of your identity with another. It may be an identity that is personal or philosophical. It could be professional. It could be an identity that is recognized because of some shared past or an anticipated shared future, but fear for another always has included within it fear for self.

You become loving through the experience of being loved. Experiencing the benefit of being loved is often the result of the fear of being *unloved* or the recognition of being *unloved*. Your exercise of faith is actually the other side of fear. If you are fearful, you may plead for help, but that is not faith. Your faith depends upon a commitment, a knowledge of what is available that is supportive and affirming. When you are fearful or worried, you may call out to God, and if you call with a true sense of faith, the fear is gone.

It is God's intention that you focus on the elimination of fear, the elimination of anxiety, for anxiety is a form of fear. You are asked to eliminate envy and jealousy, for envy and jealousy come from fear. They are not the result of the exercise of faith. Hatred always comes from fear. It may mean you are fearful of being wrong, and you cannot accept that, and in defense, you hate what you believe may actually be right.

Human life from the very beginning learns to be fearful. The youngest baby does not enter life in fear. Life is begun with an acceptance. Life is begun with a gradual awareness of need. The baby experiences hunger but is not afraid of starving. The baby feels alone but is not afraid of being rejected. You learn what it is you fear, because fear is a learned component of the human experience. You have within you the power to unlearn that fear, to identify it, lessen its grip, and ultimately to provide joy or acceptance governed by faith, the knowledge, conviction, and commitment that God is present and that you are a part of that presence.

The transformation we spoke of is a transformation out of fear, out of the darkness and into the light, into faith. Your guides are an important part of that transformation. We know what is real. We know what is permanent. We know what is

April 17, 2006

important, and it is our teachings that help you to push back that fear and to walk tall in the light of faith.

You live to be transformed.

You live not to prevail but to change.

You live not to take but to give.

You live not to absorb but to reflect.

You live not to destroy but to create.

You live not to hate but to love.

You live not to be guided by fear but directed by faith, by a belief, a conviction, a commitment.

When you work to substitute faith for fear, you are giving your pattern in the tapestry of God's creation its color, its vibrancy. We speak often about the reality of the light you emit, the brilliance of your luminescence. It is how you are identified. It is part of what is permanent. The light you emit is intended to be brilliant, untarnished, and filled with a warmth that illuminates your path and lifts the burdens from others. Your pattern is destined always to be occupied with light. It is true for all human beings. All humans ultimately become the light of their own destiny. Every human being has a different light, and for each one that particular light changes, evolves, and is transformed.

Each of you must seek opportunities for transferring your fears to faith. You must transfer your lack of understanding, your misunderstandings to full awareness—awareness of yourself so that you can more readily be aware of the true light of others.

You are blessed in God's light. You are blessed in our light, for your souls reflect the light that surrounds them just as other human beings must reflect the light that surrounds them. We belong to that light, and you also serve as beacons for each other. Seek out that light. Be warmed by it and be blessed in that loving transformation.

Amen.